REGION 2
AREA AGENCY ON AGING

DRAFT

Annual Implementation Plan
Fiscal Year 2009

Region 2 Area Agency on Aging
102 N. Main Street, P.O. Box 189
Brooklyn, MI 49230
(800) 335-7881

I. Executive Summary

1. Mission

During Fiscal Year 2008, R2AAA contracted for services in Hillsdale, Jackson and Lenawee Counties to serve 14,330 clients with 631,421 units of service. These services consisted of:

- Access Services: Care Management, Case Coordination and Support, Information and Assistance, Outreach and Transportation.

- In-home Services: Chore, Home Care Assistance, Home Delivered Meals, Medication Management, and Respite Care.

- Community Services: Adult Day Care, Caregiver Services, Congregate Meals, Disease Prevention/Health Promotion, Legal Assistance, Long Term Care Ombudsman, Programs for Prevention of Elder Abuse/Neglect/Exploitation and Senior Center Operations.

Care management and Medication Management were directly provided by R2AAA.

2. Accomplishments of 2008

Since R2AAA is now located in downtown Brooklyn, there has been a significant number of people walking into the office for information. Walk-ins include people looking for services for themselves or loved ones to people just wanting to know what R2AAA is all about. In Fiscal Year 2007, the following clients were assisted by the Information and Referral Specialist: 153 walk-in clients; and 1,354 telephone I & R calls.

R2AAA was one of five Regions in the State of Michigan that met or exceeded the goals of One on One Counseling and Total Clients Reached in the Medicare and Medicaid Assistance Program (MMAP). MMAP Counselors were thanked for serving Medicare beneficiaries with excellence in R2AAA.

R2AAA was also one of the few Regions in the State that increased the number of home delivered meals served to home bound clients in fiscal year 2007-08.

R2AAA received a three year grant from the Administration on Aging/Office of Services to the Aging to provide evidenced based chronic disease self-management programs. R2AAA has Leaders trained in the Personal Action Towards Health (PATH) self management program. The PATH program provides people with the skills they need to better manage their chronic conditions. Workshops are held in community locations; one day a week for six weeks in duration.

R2AAA will also offer community workshops on “Matter of Balance: Concerns about Falls Program.” Matter of Balance uses practical coping strategies to reduce fear of falling and to diminish the risk of falling.

R2AAA Dietitian continues to present educational information to senior centers and congregate meal sites with focus on improving the health and nutrition of the participants. Printed educational materials are distributed to home delivered meal participant. Clients are referred to Dietitian for consultation regarding nutritional risks and diabetes. R2AAA staff participates in health and wellness community events. Dietitian is member of Diabetes Partners in Action Coalition (DPAC). Dietitian serves on DPAC Advocacy and Policy work group.

In striving to improve the access to information and services to the Older adults, R2AAA Information and Referral Specialist is certified through Alliance of Information and Referral Specialists (AIRS). R2AAA staff provided community outreach by registered nurses conducting blood pressure screenings and provided information and referral regarding events and programs in Lenawee County at Elder Beerman’s “Senior Day” in the Adrian Mall. The Nursing Facility Transition Program continued placing older adults and disabled persons back in their own homes and communities from nursing home placements.

The Senior Employment Program is currently at maximum enrollment with several new Host Sites secured for training opportunities. An Employment Specialist Trainee was housed in R2AAA office until December, 2008 when she was hired in a full time position at Maria Health Care Center in Lenawee County.

R2AAA staff is a member of the TRIAD committees in Jackson and Lenawee Counties and the Domestic Violence Task Force in Lenawee County to promote awareness of elder abuse and exploitation. In 2008, R2AAA again offered mini grants to offset the cost of local TRIAD Safe, Sound and Secure Workshops.

R2AAA continued the additional National Family Caregiver funding for transportation services in Jackson County. R2AAA staff attends the Jackson County Transportation Advisory Meetings to help address transportation issues. R2AAA

Advisory Council continues to make “Elder Friendly Communities” their main focus. This includes researching adequate transportation for older adults.

3. Highlights of Fiscal Year 2009

R2AAA will continue to focus on the goals and objectives of the Fiscal Year 2007-09 Implementation Plan and the goals for Fiscal Year 2009 with the following changes:

- R2AAA planned to partner with Southern Michigan Diabetes Outreach Network to train regional participants and R2AAA staff in the Personal Action Towards Health Program (PATH). With the elimination of Diabetes Outreach Networks in Michigan, R2AAA sought training with other agencies in Michigan such as The Healthy Asian Project, University of Michigan and the National Kidney Foundation, Ann Arbor.

- R2AAA planned to provide Pet Therapy to homebound older adults in FY 2007-09. Due to the closing of two dog training facilities and the illness of one trainer and one dog, the Pet Therapy program has been discontinued. Pet Therapy continues to be done in the PSA on a casual basis in nursing home and the community through the humane societies and private individuals.

R2AAA remains dedicated to supporting regional senior centers with additional 3B funding provided in the Senior Center Operations contracts. R2AAA will continue to advocate for senior centers via publicity, information and referral and with assistance provided by the R2AAA Registered Dietitian to senior center participants. The Evidence Based Chronic Disease PATH workshops are held in senior centers. The workshop participants are invited to have lunch at the nutrition site.

R2AAA staff is a member of the TRIAD committees in Jackson and Lenawee Counties and the Domestic Violence Task Force in Lenawee County to promote awareness of elder abuse and exploitation. R2AAA will again offer mini grants to offset the cost of local TRIAD Safe, Sound and Secure Workshops.

R2AAA’s Advisory Council continues to make Elder Friendly Communities and the availability of transportation as priority agenda items in Fiscal Year 2008. The Elder Friendly Community workgroup will focus on the town of Jonesville in Hillsdale County to determine the “elder friendliness” or lack thereof. The workgroup will assess Jonesville using the rationale that determines a successful Elder Friendly community.

R2AAA's registered nurses will continue to provide community outreach by conducting blood pressure screenings at Elder Beerman's "Senior Day" at the Adrian Mall and at other community events as scheduled. The Nursing Facility Transition Program will continue to place older adults and disabled persons back in their own homes and communities from nursing home placements.

R2AAA will continue to provide evidenced based chronic disease self-management programs. R2AAA will continue to offer the Personal Action Towards Health (PATH) self management program and Matter of Balance: Concerns About Falls Program in senior centers and other community locations.

4. Collaboration and Partnerships

a. County Commissions

R2AAA was very saddened by the death of Richard Bailey, Lenawee County Commissioner, in March, 2008. Mr. Bailey had been on the R2AAA Board since 2001.

R2AAA's relationship with County Commissions in the PSA remains strong. The County Commissions elect Commissioners and local residents to the R2AAA Board of Directors. At least one Commission appoints County Commissioners to the R2AAA Advisory Council.

The County Commissions will receive notification of the Public Hearing that will be held on April 22, 2008. The DRAFT Fiscal Year 2009 Area Plan will be sent to each County Commission Chair, return receipt requested, on April 7, 2008 requesting approval of the Plan. Ginny Wood-Bailey, Executive Director, will attend Commission Meetings in each County when the Plan is on the Commission agenda to seek approval.

b. Older Adult Service Providers

R2AAA staff will remain active in meetings with older adult service providers in the PSA. Meetings such as Hillsdale County Multi Agency Collaboration for Emergency Services, Jackson County Transportation Coalition, Hillsdale County Aging Network, Lenawee County Coalition for Older Adults, Lenawee County Basic Needs Task Force, Lenawee County Human Service Council, Regional TRIADs and Regional Collaborative Boards will be attended as scheduled.

R2AAA Executive Director meets monthly with Focal Point Directors. R2AAA Registered Dietitian meets regularly with Nutrition Providers and attends Diabetes Partners in Action Coalition meetings.

R2AAA has a partnership with Brown's Pharmacy and Advanced Care to provide medication management to home bound clients.

R2AAA has formed partnerships for the Evidence Based Chronic Disease Prevention grant that includes staff from Hillsdale and Jackson Department on Aging, R2AAA staff, Jackson County Disability Connections Executive Director and an R2AAA Advisory Council member.

B. FY 2009 Services Summary Page

ACCESS SERVICES	17.29%			
Care Management	12.39%	x		x
Case Coordination & Support	0.92%		x	
Disaster Advocay & Outreach Program				
Information & Assistance	1.00%		x	
Outreach	1.21%		x	
Transportation	1.77%		x	
IN-HOME SERVICES	**54.29%**			
Chore	1.10%		x	
Home Care Assistance	11.74%		x	
Home Injury Control				
Homemaking				
Home Delivered Meals	34.99%		x	
Home Health Aide				
Medication Management	0.24%			x
Personal Care				
Personal Emergency Response System				
Respite Care	6.22%	x	x	
Friendly Reassurance				

COMMUNITY SERVICES	27.77%			
Adult Day Care	3.05%	x	x	
Dementia Adult Day Care				
Congregate Meals	15.00%		x	
Nutrition Counseling				
Nutrition Education				
Disease Prevention/Health Promotion	0.71%		x	
Health Screening				
Assistance to the Hearing Impaired & Deaf				
Home Repair				
Legal Assistance	1.42%		x	
Long Term Care Ombudsman/Advocacy	0.97%		x	
Senior Center Operations	2.07%		x	
Senior Center Staffing				
Vision Services				
Programs for Prevention of Elder Abuse, Neglect, & Exploitation	0.22%		x	
Counseling Services	0.71%		x	
Specialized Respite Care				
Caregiver Supplemental Services	0.86%	x	x	
Kinship Respite Care				
Caregiver Education, Support, & Training	2.76%		x	
REGION-SPECIFIC	**0.65%**			
Program Development	0.65%			
TOTAL PERCENT	100%			
TOTAL FUNDING	$2,266,995			

II. Budget

A1. FY 2009 Area Plan Grant Budget

FY 2009 AREA PLAN GRANT BUDGET

Rev. 4/2007

Agency: Region 2 Area Agency on Aging | Budget Period: 10/01/09 to 09/30/10

PSA: 2 | Date: 03/13/08 | Rev. No.: 0 | Page 1of 3

SERVICES SUMMARY

FUND SOURCE	SUPPORTIVE SERVICES	NUTRITION SERVICES	TOTAL
1. Federal Title III-B Services	295,820		295,820
2. Fed. Title III-C1 (Congregate)		265,963	265,963
3. State Congregate Nutrition		13,223	13,223
4. Federal Title III-C2 (HDM)		248,668	248,668
5. State Home Delivered Meals		331,259	331,259
8. Fed Title III-D (Prev. Health)	21,503		21,503
9. Federal Title III-E (NFCSP)	131,086		131,086
10. Federal Title VII-A	-		-
11. Federal Title VII-EAP	5,078		5,078
12. State Access	28,118		28,118
13. State In-Home	92,656		92,656
14. State Alternative Care	111,275		111,275
15. State Care Management	252,789		252,789
17. State N.H. Ombudsman	18,480		18,480
18. Local Match			
a. Cash	776,190	599,338	1,375,528
b. In-Kind	47,396	11,943	59,339
19. State Respite Care (Escheat)	60,821		60,821
20. Merit Award Trust Fund	127,537		127,537
21. NSIP		274,197	274,197
22. Program Income	214,418	478,965	693,383
TOTAL:	2,183,167	2,223,556	4,406,723

ADMINISTRATION

Revenues		Local Cash	Local In-Kind	Total
Federal Administration	107,005	51,125	7,400	165,530
State Administration	18,421			18,421
Merit Award Trust Administration	11,478			11,478
Other				-
Total:	136,904	51,125	7,400	195,429

Expenditures	FTEs	
1. Salaries/Wages	1.74	
2. Fringe Benefits		
3. Office Operations		
Total:		-

Cash Match Detail		In-Kind Match Detail	
Source	Amount	Source	Amount
See Sheet C	51,125	See Sheet C	7,400
Total:	51,125	**Total:**	7,400

I certify that I am authorized to sign on behalf of the Area Agency on Aging. This budget represents necessary costs for implementation of the Area Plan. Adequate documentation and records will be maintained to support required program expenditures.

Fiscal Manager | 03/18/08

III. Program Development

OSA STATE PLAN OBJECTIVE #1: Work to improve the Health & Nutrition of Older Adults		
AAA OBJECTIVE 1: Develop a Chronic Disease Self-Management Program		
Desired Outcome	*Activities*	*Timeline*
1. Continue current evidence based chronic disease program partnerships and seek new partners.	1. PATH Coordinator and Registered Dietitian will continue to advertise the self-management programs and seek interest in new partnerships.	Ongoing thru FY 09
2. Matter of Balance Master Trainers will train at least 6 regional Matter of Balance Leaders.	2. Matter of Balance Master Trainers will hold Leader training sessions in the conference room of R2AAA.	Ongoing thru FY 09 as needed.
	Regional Leaders will be certified to teach Matter of Balance workshops to participants.	Ongoing thru FY 09
3. People with a fear of falling will attend workshops.	3. Leaders will hold community workshops to people with the fear of falling in the PSA. Trainings will focus on reducing the fear of falling; stopping the fear of falling cycle and improve activity levels among older adults. Workshops will be eight weeks in duration; two hours each session. Workshops will be repeated as needed.	Ongoing thru FY 09
4. People with chronic disease will attend Personal Action Towards Health (PATH) workshops.	4. Leaders will hold community workshops to people with chronic disease in the PSA. Workshops will focus on self-management, learning new coping strategies, and sharing experiences with other group members. Workshops will be six weeks in duration; 2 and 1/2 hours each session. Workshops will be repeated as needed.	Ongoing thru FY 09

5. Long term outcome of workshops will be monitored.	5. An evaluation tool, developed by Stanford University, will be completed by participants during their first class. The tool will gather current information on the health and activity level of the participant. During the last class, the same tool will be used to determine the health and activity level after gaining skills during the course of the six week workshop.	Ongoing thru FY 09 during class one and class six.
6. Two R2AAA staff will be certified as Master Trainers in the PATH program.	6. The PATH Coordinator and the Registered Dietitian will attend Master Training in the PATH program. The Master Trainers will be certified to teach PATH Leaders in the PSA.	June, 2008

AAA OBJECTIVE 2: Senior Center Coordination		
Desired Outcome	*Activities*	*Timeline*
1. Continue support of Senior Centers in Region 2.	1. Continue 3B funding contracted for Senior Center Operations grants.	FY 07-09
	R2AAA Annual Meetings will be held, on a county rotation basis, at senior centers.	May, 2007- May, 2009
	R2AAA Registered Dietitian will provide assistance to senior centers with information such as nutrition, physical activity, diabetic awareness, special diets and addressing nutritional risks.	Ongoing thru FY 09
	R2AAA staff will attend Hillsdale County Multi Agency Collaboration for Emergency Services; Jackson County Transportation Coalition, Aging Network; Lenawee County Coalition for Older Adults, Basic Needs Task Force, Human Service Council and Regional TRIADs and Collaborative Boards to provide information on older adult services in the region.	Ongoing thru FY 09
	R2AAA Information and Referral Specialist will provide information about senior centers to walk-in clients or when phone calls are received.	Ongoing thru FY 09
	R2AAA website will include a link to Hillsdale Senior Services Center, Jackson Department on Aging and Lenawee Department on Aging to provide the location of county senior centers and the days and times that congregate meals are served.	Ongoing thru FY 09

	Participants of evidenced based workshops will be encouraged to partake in nutrition programs at senior centers	Ongoing thru FY 09
2. R2AAA Registered Dietitian will collaborate with nutrition providers on menu choices.	2. R2AAA Registered Dietitian will meet with nutrition providers on a regular basis regarding menus and nutritional issues such as sodium content.	Ongoing thru FY 09
3. R2AAA will continue to support county Senior Preference magazines.	3. R2AAA will advertise in Senior Preference magazines to insure publication of the guide for available older adult resources in their respective counties.	Ongoing thru FY 09

AAA OBJECTIVE 3: Elder Friendly Community/Transportation **Explore and expand resources in the community to provide transportation for older adults.**		
Desired Outcome	*Activities*	*Timeline*
1. Improve access to transportation for medical appointments and social outings as identified in the Elder Friendly survey.	1. Identify opportunities for partnerships with other public or private resources to expand or enhance transportation. R2AAA Advisory Council has Elder Friendly Communities and transportation as a priority agenda item. R2AAA staff person is a member of the Jackson County Transportation Advisory Council.	Ongoing thru FY 09
2. Secure additional resources to support the preservation and expansion of transportation for older persons.	2a. Work with local religious, cultural, ethnic, and minority organizations in our region to develop volunteer driver programs.	Ongoing thru FY 09
	Continue to provide Title 3E funding to RSVP, Jackson County, to provide transportation to caregivers and those in their care.	October 1, 2006-September 30, 2009
3. Create an awareness and increased sensitivity in the community towards the region who do not have transportation available.	3. Promote the need for expansion and preservation of senior transportation through local government agencies, public meetings, and private organizations.	Ongoing thru FY 09
	R2AAA staff will attend Hillsdale County Multi Agency Collaboration for Emergency Services; Jackson County Transportation Advisory Council, Aging Network; Lenawee County Coalition for Older Adults, Basic Needs Task Force.	Ongoing thru FY 09

4. Research grant opportunities that would help to fund transportation services.	4. Review funding sources available for developing or maintaining transportation.	Ongoing thru FY 09
5. Increase available information distribution so that older adults requiring transportation are more aware of the choices that exist in their counties.	5. Create a brochure to be distributed with senior centers/ nutrition sites, commodity food distribution, home delivered meals, physician's offices, Salvation Army, care management clients.	By January 1, 2009
6. Continue to support the county Senior Preferences magazine.	6. R2AAA will advertise in Senior Preference magazines to insure publication of the guide for available older adult resources in their respective counties.	Yearly

OSA STATE PLAN OBJECTIVE #2: Ensure that older adults have a choice in where they live through increased access to information and referral services. **AAA OBJECTIVE 4: Remain Familiar with Safe, Affordable Housing Options**		
Desired Outcome	*Activities*	*Timeline*
1. R2AAA staff will collaborate with older adult services providers to gather current information regarding housing options.	R2AAA staff will attend Hillsdale County Multi Agency Collaboration for Emergency Services; Jackson County Transportation Coalition, Aging Network; Lenawee County Coalition for Older Adults, Basic Needs Task Force, Human Service Council and Regional TRIADs and Collaborative Boards to provide information on older adult services in the region.	Ongoing thru FY 09
	R2AAA will receive housing information from Office of Services to the Aging.	As published.
	R2AAA Information and Referral Specialist will provide information about housing options to walk-in clients or when phone calls are received.	Ongoing thru FY 09
2. R2AAA will provide funding for Home Chore.	2. Additional funding provided for home chore providers to utilize volunteers to enable providers to provide more chore services to older adults to remain safely in their homes.	Fiscal Year 2007-09
3. Nursing Facility Transition Initiative offered by R2AAA	3. Eligible clients coming out of nursing homes will be assisted by R2AAA staff to find affordable housing allowing them to transition back into the community.	Ongoing thru FY 09

4. Continue to support the county Senior Preferences magazine.	4. R2AAA will advertise in Senior Preference magazines to insure publication of the guide for available older adult resources in their respective counties.	Yearly

AAA OBJECTIVE 5: Provide Agency Outreach Efforts in Community		
Desired Outcome	*Activities*	*Timeline*
1. R2AAA registered nurses will provide blood pressure screenings in the community.	1. Registered nurses will provide outreach by offering blood pressure screenings at specific events.	Quarterly
	Sign-in sheets for blood pressure screenings will be maintained to monitor number of participants seen.	Every screening session
	American Heart Association brochures will be distributed to participants taking part in blood pressure screenings.	Every screening session
	Participants with blood pressure readings above normal will be referred to their physicians. Registered Nurses will follow-up with participants.	Every screening session
	R2AAA Information and Referral Specialist and/or resource materials will be available for participants needing services. Participant outside of Region 2 will be referred to the Area Agency on Aging serving their area.	Every screening session
2. R2AAA Nursing Facility Transition (NFTI) nurse will provide community outreach.	2. R2AAA NFTI nurse will distribute brochures at community events and through the Information and Referral Specialist to educate families and other agencies of the service provided to nursing facility clients.	Ongoing thru FY 09

3. R2AAA will participate in Student Intern programs.	3. R2AAA will participate in Jackson Community College student nurse job shadowing in January and February. A minimum of 10 student nurses per year will experience community nursing by accompanying R2AAA care managers on client visits. R2AAA will participate in Eastern Michigan University, School of Social Work student interns. A minimum of one social work student intern will be placed at R2AAA.	January, February, 2009 Yearly.

OSA STATE PLAN OBJECTIVE #1: Work to improve the Health & Nutrition of Older Adults **AAA OBJECTIVE 6: Work to Improve the Health and Nutrition of Older Adults**		
Focus on increased physical activity and improved eating habits to help older adults in our region live longer and healthier lives.		
Desired Outcome	*Activities*	*Timeline*
1. Registered dietitian will work on programs that promote physical activity and better nutrition.	1. Senior centers and congregate meal site managers will participate in exercise programs and special fitness events.	Monthly thru FY 09
	Provide nutrition lectures focusing on improving eating habits and encouraging adequate intake of key nutrients such as calcium, vitamin D, magnesium, and phosphorus that are often lacking in older adult diets.	Monthly by County Rotation thru FY 09
2. Registered dietitian and agency staff will participate in established, ongoing health and wellness programs.	2. Annual kick-off event for WELLNESS F.A.N. Club in Lenawee County will be attended by Registered Dietitian.	As scheduled
	Nutrition education sessions provided for participants in the six-week long WELLNESS F.A.N. Club.	As scheduled
	Teach nutrition classes for the Lifelong Learning Program at Hillsdale Senior Center during annual six week sessions held once during spring and once during fall.	As scheduled
	Region 2 AAA staff will assist with the annual Senior Olympics event in Jackson County.	Ongoing thru FY 09

3. Registered dietitian will create education handouts and data base of nutrition topics to distribute at congregate meal sites.	3. Distribute nutrition education materials to all three counties rotating topics both seasonally and with updated, new research literature.	Ongoing thru FY 09
4. Registered dietitian will obtain physical activity brochures, flyers, and posters from government sponsored agencies and distribute to congregate meal sites and at health fairs.	4. Research information that is readily available free or at low cost from agencies and universities that promote healthy aging such as FDA, USDA, and the University of Florida.	Ongoing thru FY 09
5. Registered dietitian will use dietetic skills and knowledge to provide counseling and education to older adults in our region to address chronic disease states and to facilitate behavior change.	5. Attend seminars and continuing education lectures to enhance understanding of nutrition concerns in the older adult population, and to remain current on trends and new medical research.	Ongoing thru FY 09
6. Registered dietitian will provide case consulting for nutrition risk clients as identified by care managers and from other agency referrals.	6. Take referrals from care managers and other agencies for nutrition risk clients.	Ongoing thru FY 09
7. Registered dietitian will provide diabetes awareness and prevention promotion with diabetic diet instruction for home-bound clients and meal site participants.	7. Identify the needs and provide diabetes education to the older adult population in our region through care manager's referrals and Senior Center staff.	September 2009

8. Registered dietitian will complete application and testing process with the National Certification Board for Diabetes Educators to obtain certification as a Diabetes Educator.	8. R.D. will submit application to NCBDE and take certification test.	Ongoing thru FY 09
9. Registered dietitian will maintain membership and actively participate in DPAC (Diabetes Partners in Action Coalition) to network with state- wide diabetes professional group.	9. Attend meetings with the DPAC group and serve on the Advocacy and Policy sub-committee group.	Ongoing thru FY 09
10. Registered dietitian and staff will oversee Senior Project Fresh program to provide older adults in our region access to fresh grown Michigan produce during the growing season.	10. Instructions on how to use Project Fresh coupons and where to redeem them will be provided along with nutrition handouts regarding the selection, storage, and preparation of fresh fruits and vegetables to participants in Project Fresh to ensure that produce obtained in this program is used appropriately.	September 2009

AAA OBJECTIVE 7: Promote Financial Independence and Safeguard the Economic Security of Older Adults		
Focus on increased job opportunities to help older adults in our region obtain employment by managing the region's Senior Community Service Employment Program.		
Desired Outcome	*Activities*	*Timeline*
1. Program Coordinator will seek out qualifying older adults 55+ who need job-related training that would result in unsubsidized employment; and find new partnership opportunities to place workers for employment training.	1. Work with Departments on Aging staff and senior centers, and other non-profit agencies to find low income, eligible older adults seeking training opportunities. Contact Departments on Aging staff and other non-profit organizations for potential job training development.	Ongoing thru FY 09 Ongoing thru FY 09
2. Program coordinator will attend job fairs and other community events that focus on older adults in Region 2. Current participants in program will be required to attend job fairs and be registered with Michigan Works to seek permanent employment.	2. Network within the three counties to learn about established job fairs and community events where program information could be distributed to older adults and to potential agency sponsors for training programs. Require regular Michigan Works visits and bi-weekly job seeking logs from participants.	Ongoing thru FY 09 Ongoing thru FY 09
3. Conduct meetings with current program participants to impart information on job-seeking skills that lead to permanent employment.	3. Schedule meetings at least twice yearly for all participants to give them skill-building information, job seeking assistance, and other help that they may need to be successful in their job search.	Ongoing thru FY 09

4. Provide training opportunities on computer skills and other necessary job skills for current program participants so they can be competitive in the job market.	4. Research training venues and assist participants in accessing trainings.	As needed, thru FY 09
5. Seek out employment opportunities for participants and promote O.J.E. (On-the-job training partnership) with businesses that have open positions in order to find unsubsidized employment placements as required by OSA.	5. Program coordinator will canvass businesses in the region to distribute information about O.J.E. while marketing participants that fit job postings requirements they have open and are trying to fill.	Ongoing thru FY 09
6. Target to train more low income minority older adults in greatest economic and social needs in our region.	6. Contact churches, activity centers.	Ongoing thru FY 09

OSA STATE PLAN OBJECTIVE #3: Protect older adults from abuse and exploitation **AAA OBJECTIVE 8: Protect Older Adults from Abuse and Exploitation** **Increase awareness and education for seniors and the community.**		
Desired Outcome	*Activities*	*Timeline*
1. Law enforcement and senior advocates collaborate to educate the community.	1. Work with TRIAD in Jackson and Lenawee Counties to do Senior Safety conferences on identity theft, elder abuse, late life domestic violence and exploitation.	Ongoing thru FY 09
	Work with Jackson and Lenawee TRIADs to sponsor elder abuse education. Each county will have 2 educational events in fiscal year 2009.	By Sept. 2009
2. Law enforcement agencies and staff will be aware of aging-related issues.	2. County Sheriff Department will continue to train officers and attend domestic violence task force.	Ongoing thru FY 09
3. Target homebound seniors and local senior centers and other frequent senior locations about elder abuse.	3. Develop brochures and deliver with home delivered meals to all three counties annually.	By Sept. 2009
	Deliver posters with emergency numbers in all three counties.	By Sept. 2009
4. Coordinate with likely sources of information regarding elder abuse and late life domestic violence.	4. Research three county domestic violence shelters for accessibility for seniors and programs and training.	Ongoing thru FY 09
	Deliver information/referral packets to county domestic violence shelters	January 2009
	Deliver brochures to hospital emergency rooms in the region on elder abuse and late life domestic violence.	January 2009

OSA STATE PLAN OBJECTIVE #4: Improve the effectiveness, efficiency, and quality of services provided through Michigan Aging Network and partners. **AAA OBJECTIVE 9: Improve the Effectiveness, Efficiency, and Quality of Services Provided Through Michigan Aging Network and Partners**		
Desired Outcome	*Activities*	*Timeline*
1. Respond to emerging needs by providing education and assessment of needs. Outcomes measured by satisfaction of individuals receiving educational services within the network.	1. Through Region 2 Quality Assurance Committee, activities related to quality of services offered by this agency are reviewed and improved if needed. QA committee reviews bi-monthly incident reports related to MI Choice Waiver services.	Thru Sept.30, 2009 FY 2007-2009
	2a. Involve the Region 2 Advisory Council in emerging issues, and include council member's participation in educational opportunities.	Thru Sept.30, 2009

APPENDIX J
WAIVER FOR DIRECT PROVISION OF NEW SERVICES
FISCAL YEAR 2009

If the area agency administers a MIChoice Waiver and directly provides any of the 13 waiver services the Waiver for Direct Provision of Service (Appendix J) must be requested for each of the direct service(s) provided. Please indicate which waiver services will be provided by the AAA during the FY 09 and the funding source:

☐ Agency DOES NOT offer Waiver Services

SERVICE	OSA-FUNDED	WAIVER
Chore	☐	☐
Home Care Assistance	☐	☐
Home Injury Control	☐	☐
Homemaking	☐	☐
Home Delivered Meals	☐	☐
Home Health Aide	☐	☐
Medication Management	☒	☐
Personal Care	☐	☐
Pers Emer. Response (PERS)	☐	☐
Respite Care	☐	☐
Friendly Reassurance	☐	☐
Adult Day Services	☐	☐
Congregate Meals	☐	☐

Health Promotion/Prevention	☐	☐
Vision/Hearing	☐	☐
Prevention of Elder Abuse	☐	☐
Counseling	☐	☐
Respite	☐	☐
Kinship Care	☐	☐
Caregiver Ed/Supp/Training	☐	☐
Nursing Home Transition	☐	☒
Fiscal Intermediary	☐	☐
Personal Duty Nursing	☐	☐

If the AAA proposes to administer services, other than access services, directly in FY 09 that were not previously approved in the FY 07-09 MYP, the services should be described in the section below. Include justification why the AAA should administer the service(s) directly.

Service to Be Provided: NURSING HOME TRANSITION

Amount of Federal/State Funds	$284,700.00
Geographic Area Served	Hillsdale, Jackson and Lenawee Counties
Rationale for Service	Continuity of care for clients.

APPENDIX J and J1
WAIVER FOR DIRECT PROVISION OF SERVICE

Fiscal Year: 2009

Rationale: Medication Management funding was included in the Request for Proposals in previous years, however, no agencies were interested in the funding due to the inability to meet the minimum standards considering the insignificant amount of funding. Region 2 AAA has made a local decision to provide **Care Management** services regionally, as available funding will not support more than one project due to increased overhead costs associated with multiple administrative structures.

Please check one:

☒ Updates for the waivers approved in the MYP 07-09 are attached and no new services are requested.

☐ Updates for the waivers approved in the MYP 07-09 are attached no services are requested.

APPENDIX J: WAIVER FOR DIRECT PROVISION OF SERVICE

Medication Management

Fiscal Year: 2009

Agency: REGION 2 AREA AGENCY ON AGING

Service: MEDICATION MANAGEMENT

Amount of Federal / State Funds: $5,568

Geographic Area to be Served: Hillsdale, Jackson, and Lenawee Counties

Rationale for Direct Service: In Fiscal Year 2007, R2AAA collaborated with Brown's Pharmacy Advanced Care to offer medication management to care management clients. In Fiscal Year 2009 the partnership will continue to serve care management clients.

Medication Management funding was included in the Request for Proposals in previous years, however, no agencies were interested in the funding due to the inability to meet the minimum standards considering the insignificant amount of funding.

DIRECT PROVISION OF SERVICES
WORK PLAN

Area Agency on Aging Region 2 Area Agency On Aging	Project Period
Service to be Provided Medication Management	❒ FY 09 only

Please specify the planned goals and activities that will be undertaken to provide the service identified above. A separate work plan must be developed for each direct service provided.

Goals and Activities	Planned Time Frame	Accomplishments
Provide medication management to care management clients with purchase of service through Browns Pharmacy. A choice of providers is also being considered.	Ongoing through 2009	As a result of the medication management, care management client's health issues will be minimized or stabilized while on program.
Pharmacies will use the innovative doc-u-dose medication dispenser.	Ongoing through 2009	Client's medications will be monitored more frequently.
Any changes in clients medication or condition will be reported to the care manager.	Ongoing through 2009	Care managers will be able to monitor clients' medication adherence more closely.

Care Management

Agency: REGION 2 AREA AGENCY ON AGING

Service: CARE MANAGEMENT

Fiscal Year: 2009

Amount of Federal / State Funds: $284,011

Geographic Area to be Served: Hillsdale, Jackson, and Lenawee Counties

Rationale for Direct Service: Region 2 AAA has made a local decision to provide care management services regionally, as available funding will not support more than one project due to increased overhead costs associated with multiple administrative structures. Centralized assessment gives us the ability to take complex needs and find solutions to be consistent within the PSA.

	FY 2006	FY 2007 Oct 06 – Feb 07	FY 2008	FY 2009
Number of client pre-screenings	92	54	100	100
Number of initial client assessments	92	54	100	100
Number of initial client care plans	92	54	100	100
Total number of clients (carry-over plus new)	105+92=**197**	109+54=**163**	205	205
Staff to client ratio	1:50	1:50	1:50	1:60

DIRECT PROVISION OF SERVICES *WORK PLAN*		
Region 2 Area Agency on Aging		Project Period: FY 2009
Care Management		
Please specify the planned goals and activities that will be undertaken to provide the service identified above. A separate work plan must be developed for each direct service provided.		
Goals and Activities	Planned Time Frame	Accomplishments
1. Train and provide opportunities for care managers to become Certified Care Managers.	Thru Sept. 2009	Improve care management skills and efficiencies.
2. Revise policy and procedure to align with FY 2006 changes to MDCH Performance Criteria through Quality Improvement Committee. Include the OSA Care Management program criteria in policy revisions.	December 2008	Updated policy manuals have been created specifically for this training.
3. Review MDCH requirements with the Single Point of Entry program and implement Information and Assistance software program.	October 2009	Improved information and service distribution to community and caregivers.
4. Investigate and appropriately implement online Vendor View program to coordinate services more efficiently with contracted service providers.	October 2009	Provide opportunity to improve coordination of services with vendors.
5. Conduct external peer reviews with other care management organizations to expand experience related information sharing.	Thru October 2009	Improved education and experience assisting in expanding services to clients and caregivers.