REGION 2
AREA AGENCY ON AGING

FINAL
Multi-Year Plan
Fiscal Years 2010-2012

REGION 2 AREA AGENCY ON AGING
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COUNTY/LOCAL UNIT OF GOVERNMENT SUPPORT OF 2010-12 MULTI-YEAR PLAN

Region 2 Area Agency on Aging's plan to distribute and gain support from Hillsdale County Commission, Jackson County Commission and Lenawee County Commission will consist of the following:

Notice of Public Hearings will be mailed to the Chairs of Hillsdale, Jackson and Lenawee County Commissions on May 3, 2009. Notice will include when the 2010-2012 Multi -Year Plan will be available and the date and location of Public Hearings in their respective counties.

After the R2AAA Board of Directors approves the Final Multi-Year Plan, a copy will be mailed, return receipt requested, to the Chairs of Hillsdale, Jackson and Lenawee County Commissions requesting approval of the document prior to July 31, 2009.

I. EXECUTIVE SUMMARY

Region 2 Area Agency on Aging (R2AAA), a 501(c) 3, private, non-profit agency, was designated by Federal Law to administer programs described in Title III of the Older Americans Act of 1965 (45 CRF chapter 13). R2AAA is dedicated to the delivery of quality services to older adults with the greatest economic and social needs in Hillsdale, Jackson and Lenawee County, Michigan. The focus of R2AAA is on funding, advocacy and services in the three county area of southeastern Michigan.

The mission of R2AAA is to work to improve conditions affecting the lives of the older adults living in the region by:

- Identifying senior concerns and developing a comprehensive and coordinated network of services in Hillsdale, Jackson and Lenawee Counties that will enable older persons to function as independently as possible in their homes and communities;
- Providing advocacy, information, planning, program development, contracting and the funding necessary to accomplish this purpose.

With 51,260 persons age 60 and over residing in Hillsdale, Jackson and Lenawee Counties, our planning and service area ranks 14th (Jackson), 21st (Lenawee) and 37th (Hillsdale) as most populated counties out of 83 counties in Michigan. R2AAA is unique in its geographic area that includes both urban and rural communities bordering the states of Ohio and Indiana.

The Federal Older Americans Act (OAA) provides the legislative and funding basis for R2AAA's system of services. In Michigan, state funds are added to enhance the service network. Both federal and state funds for aging services are distributed to R2AAA by Office of Services to the Aging.

R2AAA's policy is set by a ten member Board of Directors. Board members represent the various communities in the three county planning and service area. The agency is advised by an eighteen member Advisory Council comprised of seniors and community representatives. The Executive Director is Ginny Wood-Bailey, who has served in this key position since 2006.

The mission of R2AAA is fulfilled in the following ways:

Information and Referral:

- R2AAA's certified I & R specialist, a licensed LBSW, responds to inquiries from older adults, or on behalf of older adults, regarding available services to meet expressed needs. R2AAA contracts with regional focal points, using National Family Caregiver funding, to fund I & R positions in each county.
- R2AAA allocates funding from the National Family Caregiver Act to publish Senior Preference and Generations Magazines that provide detailed information regarding services to older adults in Hillsdale, Jackson and Lenawee Counties. These magazines are distributed to regional focal points for older adults and their caregiver's needs.

Planning and Advocacy:

- R2AAA develops an annual area plan with input from the community, Advisory Council and Board of Directors. The area plan reflects the needs and issues relating to older adults in Region 2 including plans to allocate funding to meet the identified needs. The information gathered and identified in the annual plan assists the Advisory Council on advocacy issues in behalf of the older adults in Region 2.
- R2AAA has three Advisory Council members on the State Senior Advocates Council giving Region 2 the opportunity to keep updated on legislative issues and provide input on such issues. Advisory Council Members receive Senior Advocate Council reports on a monthly basis.

Quality Assurance:

- R2AAA holds itself and its contracted service providers accountable for their performance by requiring service standards to be met and by yearly on-site monitoring visits, both fiscally and programmatic.
- On a monthly basis, R2AAA's Advisory Council reviews the agency's progress meeting the objectives of the annual area plan.
- R2AAA's Medicaid Waiver and Care Management clients participate in client satisfaction surveys identifying areas of expertise or those needing improvement.
- R2AAA's Quality Assurance Committee, consisting of managers and staff, meets bi-monthly to review various areas of managing client care including client concerns, case charts, incident report, policies and procedures.

Contracting for Services:

R2AAA contracts a variety of high-quality services that provide in-home support that delay or prevents a move to more costly long-term care facilities.

- In-home services such as home delivered meals, chore services, personal care, homemaker services, respite care or care management services are contracted with local service providers.

- Contracted services are available to provide relief to caregivers for their loved ones such as out-of-home respite care and adult day services.

- The more active older adult can partake of community services such as senior center activities, congregate meals, disease prevention programs or transportation.

- Michigan Medicare Medicaid Assistance Program (MMAP) assists older adults with Medicare and Medicaid issues including the Medicare Prescription Drug program and supplemental insurance needs. The Regional Coordinator for MMAP is on staff at R2AAA and local counselors are located within the three county focal points.

The R2AAA MMAP started program year 08-09 with a total of 10 Coordinator/Counselors and support staff. The program year ended with 1 additional coordinator, 8 additional counselors and 1 additional support person. R2AAA's MMAP has been honored at the State Level for excellence in serving older adults with Medicare/Medicaid needs.

R2AAA's proposed activities for the next three years are based on surveyed needs assessment data from both service contractors and clients and priority areas identified by Office of Services to the Aging. These strategies align with the Federal Administration on Aging's Choices for Independence enacted as part of the Older American Act 2006 Amendments.

Goals and objectives for Fiscal Years 2010-2012 will focus on:

- Empowering older adults to make informed decisions about their care options.
- Helping older adults remain safely in their homes with necessary services.
- Improve opportunities for older adults to meet their nutritional, fitness and socialization needs.
- Provision of education on prevention of elder abuse, neglect and exploitation.
- Expansion of the evidence based prevention programs that will help reduce the risk of disease, disability and injury.
- Addressing the needs of caregivers to reduce the stress of caregiving.

Challenges for Fiscal Years 2010 – 2012

Older Americans Act funding has not kept pace with the growing older adult population, thus creating waiting lists in Region 2. This plan makes no assumptions for increased funding; instead the focus is on partnerships to strengthen resources and to offer opportunities to help empower older adults to make healthy choices regarding their lifestyles that allow them to live active and quality lives. Information and education will provide individuals with the resources to make informed choices regarding available services, health care and active living opportunities.

R2AAA is aware of the critical need for transportation in the PSA. Transportation needs are anticipated to increase due to a wide array of factors including the aging of the population and status of older adults at or below poverty and the nature of the rural areas of the PSA.

The United States Census projects that by the year 2030 more than 21% of the nation's population will be age 65 or older. By the year 2050, when the last baby boomers will reach 85, it is estimated that there will be 5.1 million people age 85 and over.

We know these projections will bring new and expanding challenges that will require new and expanded efforts and very creative planning in Region 2.

The value of programs such as the Medicare Medicaid Assistance Program, Medicaid Waiver Program, in-home services and evidenced based disease prevention programs will be immeasurable. Counties encompassing Region 2 are extremely fortunate to each have county millages for senior programs.

Partnerships with other human service agencies will become even more important with more older adults and less funding. New partnerships are being created with the inception of the evidence based prevention programs. Current and new partnerships will continue to be nurtured.

While the future holds many challenges, it also offers a world of opportunities for creative and innovative responses to the needs of the older adults in Region 2.

B. FY 2010 Planned Services Summary Narrative

Funding for the FY 2010 Area Plan grant contracts and operating budgets are based on reduced FY 2009 grant amounts. With the distressing financial status of Michigan, we are going into the first year of the three-year plan with reduced State funds and with the expectation that the Federal funding will remain at 2009 levels. The only additional funding will be the ARRA Nutrition Funding that will continue through September 30, 2010.

The FY 2010 Area Plan contains contractor requirements that will not mandate additional funding.

FY 2010 AREA PLAN GRANT BUDGET

Rev. 3/2009

Agency: Region 2 Area Agency on Aging

Budget Period: 10/01/08 to 09/30/10

PSA: 2

Date: 06/05/09

Rev. No.: 0

SERVICES SUMMARY

FUND SOURCE	SUPPORTIVE SERVICES	NUTRITION SERVICES	TOTAL
1. Federal Title III-B Services	298,338		298,338
2. Fed. Title III-C1 (Congregate)		280,622	280,622
3. State Congregate Nutrition		11,433	11,433
4. Federal Title III-C2 (HDM)		265,981	265,981
5. State Home Delivered Meals		278,736	278,736
8. Fed. Title III-D (Prev. Health)	21,503		21,503
9. Federal Title III-E (NFCSP)	131,149		131,149
10. Federal Title VII-A	-		-
10. Federal Title VII-EAP	5,047		5,047
11. State Access	23,961		23,961
12. State In-Home	78,957		78,957
13. State Alternative Care	94,420		94,420
14. State Care Management	233,759		233,759
16. State N.H. Ombudsman	18,480		18,480
17. Local Match			
a. Cash	1,497,290	367,736	1,865,026
b. In-Kind	54,982	30,870	85,852
18. State Respite Care (Escheat)	47,252		47,252
19. Merit Award Trust Fund	108,407		108,407
20. NSIP		293,806	293,806
21. Program Income	151,088	590,571	741,659
TOTAL:	2,764,633	2,119,755	4,884,388

ADMINISTRATION

Revenues		Local Cash	Local In-Kind	Total
Federal Administration	110,844	25,160	6,962	142,966
State Administration	19,190			19,190
MATF Administration	9,757			9,757
Other	-			-
Total:	139,791	25,160	6,962	171,913

Expenditures

	FTEs	
1. Salaries/Wages	1.31	72,767
2. Fringe Benefits		50,654
3. Office Operations		48,493
Total:		171,914

Cash Match Detail		In-Kind Match Detail	
Source	Amount	Source	Amount
See Sheet C	25,160	See Sheet C	6,962
Total:	25,160	**Total:**	6,962

I certify that I am authorized to sign on behalf of the Area Agency on Aging. This budget represents necessary costs for implementation of the Area Plan. Adequate documentation and records will be maintained to support required program expenditures.

Signature

Fiscal Manager
Title

06/05/09
Date

SHEET C **FY 2009**

CASH MATCH DETAIL		IN-KIND MATCH DETAIL	
SOURCE	AMOUNT	SOURCE	AMOUNT
Hill, Jax, Len county	22,660	Acctg & Audit Services	4,300
Interest Income	2,500	Travel	1,662
		Board of Directors	600
		Advisory Council	400
Total Cash	25,160	Total In-Kind	6,962

FY 2010 AREA AGENCY GRANT FUNDS - SUPPORT SERVICES DETAIL

Agency: Region 2 Area Agency on Aging | Budgt Period: 10/01/08 to 09/30/10 | r. 3/2009

PSA: 2 | Date: 06/05/09 | Rev. #: 0 | p 2 of 3

SERVICE CATEGORY	Title 3b	Title III-D	Title III-E	Title VII	State Access	State Inhome	St. Alt. Care	State CM	State NHO	St. Respite (Escheat)	Merit Award Trust Fund	Medicaid CMP Fund	Program Income	Cash Match	In-Kind Match	TOTAL
1. Access																
a. Care Management					23,961			233,759					625		32,332	290,677
b. Case Coord/supp	20,940													3,694		24,634
c. Disaster Advocacy																
d. Info & Assist			22,568											7,991	622	31,181
e. Outreach	19,883													104,645		124,528
f. Transportation	38,696		1,500										12,661	67,154	11,025	131,036
2. In-Home																
a. Chore	29,001												1,846	2,851	1,240	34,938
b. Home Care Assis	76,497					70,221	94,420						110,008	1,031,187		1,382,333
c. Home Injury Cntrl																
d. Homemaking																
e. Home Health Aide																
f. Medication Mgt		5,471														5,471
g. Personal Care																
h. PERS																
i. Respite Care			17,500			8,736				28,147	48,650		7,822	21,816		132,671
j. Friendly Reassure																
3. Legal Assistance	32,079												1,135	16,261		49,475
4. Community Services																
a. Adult Day Care										19,105	50,000		2,280	7,166		78,551
b. Dementia ADC																
c. Disease Prevent		16,032											2,313	2,918		21,263
d. Health Screening																
e. Assist to Deaf																
f. Home Repair																
g. LTC Ombudsman	3,615								18,480			9,420		1,899	2,000	35,414
h. Sr Ctr Operations	46,823												2,943	217,769	4,256	271,791
i. Sr Ctr Staffing																
j. Vision Services																
k. Elder Abuse Prev				5,047										905		5,952
l. Counseling	16,066												35	11,034	3,507	30,642
m. Spec Respite Cr																
n. Caregiver Supplmt			32,008													32,008
o. Kinship Support																
q. Caregiver E,S,T																
5. Program Develop	14,738															14,738
6. Region Specific																
a.																
NHD Services																
MATF administration											9,757					9,757
SUPT SERV TOTAL	298,338	21,503	131,149	5,047	23,961	78,957	94,420	233,759	18,480	47,252	108,407	9,420	141,668	1,497,290	54,982	2,764,633

FY 2010 AREA PLAN GRANT BUDGET- NUTRITION SERVICES DETAIL

r. 3/2009

Agency: Region 2 Area Agency on Aging Budget Period: 10/1/2008 to 09/30/10

PSA: 2 Date: 06/05/09 Rev. # 0

SERVICE CATEGORY	Title III C-1	Title III C-2	State Congregate	State HDM	NSIP	Program Income	Cash Match	In-Kind Match	TOTAL
Nutrition Services									
1. Congregate Meals	276,076		11,433		81,678	191,002	219,726	21,395	801,310
2. Home Deliver Meals		261,435		278,736	212,128	399,569	148,010	9,475	1,309,353
3. Nutrition Counseling									
4. Nutrition Education									
5. AAA RD/Nutritionist*	4,546	4,546							9,092
Nutrition Services Total	280,622	265,981	11,433	278,736	293,806	590,571	367,736	30,870	2,119,755

*Registered Dietitian, Nutritionist or individual with comparable certification, as approved by OSA, and detailed in Appendix __.

FY 2010 AREA PLAN GRANT BUDGET-TITLE VII LTC OMBUDSMAN DETAIL

SERVICE CATEGORY	Title III-B	Title VII-A	Title VII-EAP	State NHO	CMP Fund	Program Income	Cash Match	In-Kind Match	TOTAL
LTC Ombudsman Services									
1. LTC Ombudsman	3,615			18,480	9,420		1,899	2,000	35,414
2. Elder Abuse Prevent			5,047				905		5,952
3. Region Specific									
LTC Ombudsman Total	3,615		5,047	18,480	9,420		2,804	2,000	41,366

FY 2010 AREA PLAN GRANT BUDGET- RESPITE SERVICE DETAIL

SERVICES PROVIDED AS A FORM OF RESPITE	Title III-B	Title III-E	State Alt Care	State Escheats	State In-Home	Merit Awd Trust Fund	Program Income	In-kind Match	TOTAL
1. Chore									
2. Homemaking									
3. Home Care Assist									
4. Home Health Aide									
5. Meal Preparation									
6. Personal Care									
Respite Service Total									

FY 2010 Planned Services Summary Page for PSA:

Service	Budgeted Funds	Percent of the Total	Method of Provision		
			Purchased	Contract	Direct
ACCESS SERVICES					
Care Management	290,677	6%			x
Case Coordination & Support	24,634	1%		x	
Disaster Advocacy & Outreach Program	0	0%			
Information & Assistance	31,181	1%		x	
Outreach	124,528	3%		x	
Transportation	131,036	3%		x	
IN-HOME SERVICES					
Chore	34,938	1%		x	
Home Care Assistance	1,382,333	28%		x	
Home Injury Control	0	0%			
Homemaking	0	0%			
Home Delivered Meals	1,309,353	27%		x	
Home Health Aide	0	0%			
Medication Management	5,471	0%		x	
Personal Care	0	0%			
Personal Emergency Response System	0	0%			
Respite Care	132,671	3%		x	
Friendly Reassurance	0	0%			
COMMUNITY SERVICES					
Adult Day Services	78,551	2%		x	
Dementia Adult Day Care	0	0%			
Congregate Meals	801,310	16%		x	
Nutrition Counseling	0	0%			
Nutrition Education	0	0%			
Disease Prevention/Health Promotion	21,263	0%		x	
Health Screening	0	0%			
Assistance to the Hearing Impaired & Deaf	0	0%			
Home Repair	0	0%			
Legal Assistance	49,475	1%		x	
Long Term Care Ombudsman/Advocacy	35,414	1%		x	
Senior Center Operations	271,791	6%		x	
Senior Center Staffing	0	0%			
Vision Services	0	0%			
Programs for Prevention of Elder Abuse,	5,952	0%		x	

Neglect, & Exploitation					
Counseling Services	30,642	1%		x	
Specialized Respite Care	0	0%			
Caregiver Supplemental Services	32,008	1%		x	
Kinship Support Services	0	0%			
Caregiver Education, Support, & Training	57,573	1%		x	
PROGRAM DEVELOPMENT	**14,738**	0%			x
REGION-SPECIFIC	**0**	0%			
NHD Services	0	0%			
MATF administration	9,757	0%			x
TOTAL PERCENT		100%	0%	100%	0%
TOTAL FUNDING	**4,875,296**		$0	$4,865,539	$9,757

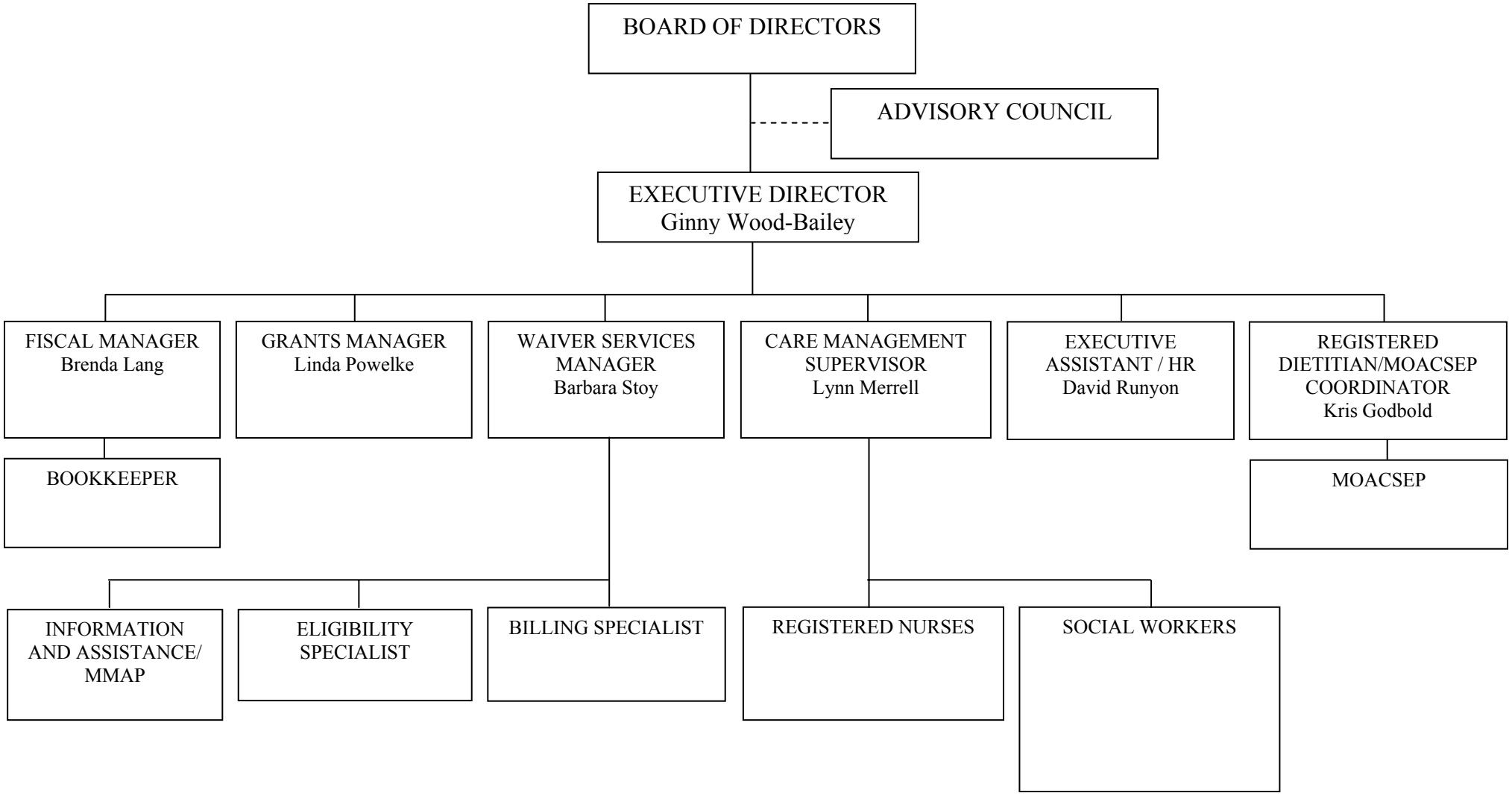
AREA AGENCY ON AGING--OPERATING BUDGET

PSA: 2 Budget Period: 10/01/09 to: 09/30/10 Date of Budget: 06/05/09

Agency: AAA Rev. No.: 0

	Operations		Program Services/Activities									
	Admin	Program Develop	Care Mgmt	SCSEP	TCM	Tobacco Respite Adm	3C-1	3C-2		State Access Services	Waiver	TOTAL
REVENUES												
Federal Funds	110844	14738		119448			4546	4546				254122
State Funds	19190		233759		0	9757				23961	1089743	1376410
Local Cash	22660											22660
Local In-Kind	6962		30122	170953						2662		210699
Interest Income	2500											2500
Fund Raising/Other	0											0
TOTAL	162156	14738	263881	290401	0	9757	4546	4546	0	26623	1089743	1866391
EXPENDITURES												
Contractual Services	5216		9082	89587							32525	136410
Purchased Services			30122									30122
Wages and Salaries	72767	11596	123046	86372	0	0	3176	3176	0	16681	568,003	884817
Fringe Benefits	38187	2016	37416	4805			1014	1014		6155	192738	283345
Payroll Taxes	12467	1126	11037	1346			356	356		2125	50970	79783
Professional Services	2303		4009								14359	20671
Accounting & Audit Services	5665		2376	150							8509	16700
Legal Fees	111		194								695	1000
Occupancy	3304		5753	100128	0	3000					20607	132792
Insurance	1339		2332								8353	12024
Office Equipment	0		0								0	0
Equip Maintenance & Repair	1314		2288								8195	11797
Office Supplies	1577		2745	1200		2000					9830	17352
Printing & Publication	848		1476	1310		1000					5287	9921
Postage	634		1103	1311		1000					3952	8000
Telephone	1784		3106	2185		2757					11124	20956
Travel	10630		8651	400						1662	30981	52324
Conferences	1504		2618								9378	13500
Memberships	1595		2777								9944	14316
Special Events	334		582								2084	3000
Other	577		888	1607							44541	47613
Administration			12,280								57,668	69948
TOTAL	162156	14738	263881	290401	0	9757	4546	4546	0	26623	1089743	1866391

Organizational Chart



INPUT FORUMS and PUBLIC HEARINGS

Public Forums were held in Jackson County at Park Forest Apartments on January 29, 2009 and in Hillsdale County at Hillsdale Place Senior Housing on February 10, 2009. Older Adults attending the Public Forums were given a list of Older Americans Act funded services in their respective counties along with the Fiscal Year 2009 Area Plan goals.

DATE	LOCATION	TIME	BARRIER FREE (Y or N)	NUMBER of ATTENDEES
1/29/2009	Park Forest Apartments, Jackson	11:00 AM	Yes	12
2/10/2009	Hillsdale Place Senior Housing, Hillsdale	11:00 AM	Yes	15
6/3/2009	Lenawee Human Services Bldg.	10:00 AM	Yes	11
6/16/2009	R2AAA Office, Brooklyn	1:00 PM	Yes	27

Jackson Public Forum Comments: Lack of transportation for non-medical needs and short-term medical needs; lack of information regarding available community/in-home services given to residents upon admittance into senior housing; not always enough food sent for congregate meal program; do not like skim milk.

Hillsdale Public Forum Comments: Lack of transportation from hospital back home; no taxi service in Hillsdale; want a swimming pool at the Hillsdale Senior Services Center and less expensive exercise programs; lack of help to cook meals for spouse using client's food while wife was recuperating.

June 3, 2009 Public Hearing Comments

Tom MacNaughton, Director, Lenawee Department on Aging

- The 211 telephone system has really been developed in Lenawee County.
- Community Action Agency has given up commodities distribution, so employees of the departments on aging have been volunteering to help in this area."
- Listing of "Meetings Attended" on the MYP, "Lenawee County has a 'collaborative' not a 'Human Service Network'.
- I appreciate the Region 2 Area Agency on Aging's communication effort in informing the counties about budget changes and late breaking information from the state. I also appreciate how Region 2 Area Agency on Aging works its budget to help the counties.

Terry Vear, Executive Director, Hillsdale County Senior Services Center

- I agree with Tom (MacNaughton)'s comments regarding the 211 service in that the same is happening in Hillsdale County."up?"
- Regarding Objective 4: "Does Region 2 Area Agency on Aging count county's educational presentations?"
- Hillsdale County has 'MACES' instead of 'TRIAD.' Their organization addresses abuse-type issues for all age groups, not just for the elderly."
- Listing of "Meetings Attended" on the MYP, "Ginny and I are both on the Michigan SAC, so it should be included in this list."
- Hillsdale County has a 'Human Service Network,' not a 'collaborative'."

- I agree with Tom (MacNaughton) about the good communication between the county directors and the Region 2 Area Agency on Aging."
- "Hillsdale County conducted a study regarding housing issues for seniors. The Hillsdale County Senior Services Center has a vision of building affordable housing for seniors on the Perennial Park property."

July 16, 2009 Public Hearing Comments

Shirley Walsh
- The Plan looks good.

Jeanne Karr, President, All-Care
- "In regard to page eight of the Plan, Why is transportation listed as "critical" when it was only #5 in importance on the Needs Assessment?"
- "Shouldn't there be something more backing up the decision to place transportation as critical?"
-

Pam McCrum, Catholic Charities, RSVP
- In response to Jeanne Karr's question, "My organization is overwhelmed with calls for transportation. I was truly shocked that it wasn't higher in importance on the questionnaire."

Betty Danielson , Onsted Senior Center
- "The Lenawee County food program (suggested donation) prices are increasing, and the quality of the food is not worth the price. The representatives on the Onsted Senior Center food committee are not responsive. They are hardly there for meals and go to Florida for the winter."
- With the release of prisoners, make sure to pass onto seniors to be careful and to keep their doors locked.

Kristy Smith, Director, Jackson Department on Aging
- Now that Region 2 Area Agency on Aging is doing more person centered planning, it needs to find a way to hold family and friends (of the participants) to the same quality and service standards as professional service providers.

Terry Vear, Executive Director, Hillsdale County Senior Services Center
- "It is very easy working with Region 2 Area Agency on Aging, and I commend the effort."
- Regarding objective five: "You should not exclude Allied Workforce and Development, high school students, and students from Spring Arbor College."
- Regarding objective six: "SODON is back in the picture so they should be listed on this objective."
- In regard to Financial Independence: "I recommend Financial Peace University with Dave Ramsey to help seniors manage their credit cards."
- OSA reported on what defines a "senior center." There are many senior centers in Michigan and they are not at all alike. It is a very good report.

Howard Griffis, Region 2 Area Agency on Aging Board of Directors
- "Take these comments to your local advisory councils."

STATEMENT OF NEED

Planning and Service Area (PSA) of Hillsdale, Jackson and Lenawee County Demographics

Total Population in PSA for All Ages	303,839
Total Population in PSA for Ages 60 and over	51,260
Total Population 65+ At or **Below** Poverty	2,784
Total Minority Population Age 60 and Over	2,675

Total Minority Population Age 60 and Over by Race/Ethnicity

African American (Black) **1,079**	☐	Less than 1%
Asian	☒	Less than 1%
Am. Indian/Alaska Native	☒	Less than 1%
Native Hawaiian/other Pacific Islander	☒	Less than 1%
Arab/Chaldean	☒	Less than 1%
Hispanic/Latino **762**	☐	Less than 1%

Total Low Income Minority Age 60 and Over by Race/Ethnicity

African American (Black) **665**	☐	Less than 1%
Asian	☒	Less than 1%
Am. Indian/Alaska Native	☒	Less than 1%
Native Hawaiian/other Pacific Islander	☒	Less than 1%
Arab/Chaldean	☒	Less than 1%
Hispanic/Latino **540**	☐	Less than 1%

Older Adults (60+) who are primary caregivers for related children younger than 18 Years:

Total Kinship Caregivers Age 60 and Over: **4,099**

The data below summarizes the demographic changes within the older population in the PSA that have occurred since the 2000 U.S. Census:

- **Total population increased 5.7%**
- **Total 65+ below poverty increased at a higher rate than the MI average (7%)**
- **Kinship caregivers increased by 11%**

D. Evaluation of Unmet Needs

Region 2 AAA staff developed an unmet needs assessment tool that was used to gather information from older adults regarding their concerns and needs. 3,000 copies of the document were printed and were distributed with the help of R2AAA Advisory Council Members and Contractors. 525 completed surveys were returned (17.5%). The intent was to gather regional data in anticipation of the development of the 2010-2012 Multi-Year Plan.

Surveys were distributed to senior centers and nutrition sites, with home delivered meals, departments on aging, grant contractors, care management and waiver clients, etc. Surveys were available at the public forums for older adults in attendance.

The following is a synopsis of the data gathered:

- 18% of responders were minorities.
- 30% of responders were 85 years old and older.
- 56% of responders would contact family or friends for information.
- 18% of responders have a lot of concerns with paying utility bills.
- 17% of responders have a lot of concerns with being able to stay in their home.
- 29% of responders have a lot of concerns with personal health concerns.
- 26% of responders have a lot of concerns with safety issues (falling).
- 15% of responders have a lot of concerns with finding transportation.
- 16% of responders are caregivers.

Barriers Identified as follows:

Safety Issues: Respondents listed personal injury or falling as their top safety issue. Other safety concerns included needing safe sidewalks, frauds and scams, crimes near their homes and safety within their homes.

Finance Concerns: Respondents listed their financial concerns as having enough money to pay utility bills, buying food, paying for medication and personal needs.

Housing Issues: Respondents indicated that they prefer to remain at home and did not want to move into a nursing home and were concerned with affordable housing. Additionally they were concerned about keeping their home clean, paying utility bills, paying for home repairs and snow removal.

Health Concerns: Respondents listed their top health issues as their own personal health. Respondents listed other health concerns as long term care, vision/dental/hearing services, long term care needs and having to go to a nursing home.

Region 2 AAA will do the following to assist in meeting the unmet needs of the older adults in the PSA:

- Region 2 AAA Grant Contractors will be required to target minorities and older adults in greatest economic and social need.
- Region 2 AAA will award contracts for home chore services and home care assistance to assist older adults with minor housing repairs and house cleaning.
- Region 2 AAA will award contracts for Information and Referral services in Region 2.
  Region 2 AAA also has an Information and Referral Specialist on staff to provide information to call-in clients and those that walk-in to the office.
- Region 2 AAA will award contracts for Michigan Medicare/Medicaid Assistance Program (MMAP). Trained MMAP volunteers will assist older adults with with Medicare and Medicaid issues, Medicare Prescription Drug program, Medicare health plans, long term care insurance options and other Medicare Programs. The Regional MMAP Coordinator is on staff at Region 2 AAA and Region 2 AAA Executive Director sits on the State MMAP Board of Directors.
- Region 2 AAA will contribute funding to publish information in Generations and Senior Preference magazines. These will inform older adults of services, housing and activities available in Region 2.
- Region 2 AAA Advisory Council will focus on housing, safety and transportation issues.
- Region 2 AAA will address health concerns with the Care Management Program, the MI Choice Medicaid Waiver Programs and health and wellness programs through the senior centers and congregate meal sites.
- Region 2 AAA will award contracts for nutrition programs both congregate and home delivered. Each meal served through these programs will provide, at a minimum, 33 1/3 percent of the daily recommended dietary allowances. nutritional requirements The American Recovery and Reinvestment Act (ARRA) funding received in the PSA will be used to enhance nutrition services to older adults and the homebound by upgrading equipment, providing nutrition education, and an increase in awareness of senior programs and nutritional opportunities.
- Region 2 AAA will provide training for leaders and coaches in the Personal Action Towards Health and Matter of Balance evidence based programs. The leaders and coaches will teach participant workshops in the PSA for older adults, disabled adults and caregivers to address managing chronic conditions and the fear of falling.
- Region 2 AAA will provide unmet needs funding to meet needs of caregivers and/or older adults with caregivers if all other sources are exhausted.
- Region 2 AAA will provide Nursing Home Transition services to older adults in nursing homes who are able to return to their homes/communities.
- Region 2 AAA's Residential Services program will provide staff to train, organize and plan the option of Residential Services for the MI Choice Waiver Program.

Available Resources and Partnerships

Unmet needs of older adults will be addressed through Region 2 AAA grant contractors with in-home services such as home delivered meals, home care assistance, chore, and in-home respite. Community services that will provide relief to caregivers include adult day care, kinship care, respite, legal services, transportation, and Medicare Medicaid Assistance Program. Region 2 and grant contractors provide Information and Referral assistance to walk-in clients and those that call on the phone.

Region 2 AAA staff will attend numerous human services meetings in the PSA. Attachment I is a complete list of meetings and events attended by Region 2 staff. With attendance at the various meetings, information regarding senior issues will be shared and other information will be increased with the collaboration of the partnerships.

County Commissioners will serve on Region 2 AAA Board and Advisory Council. Other members of the Board and Advisory Council will consist of regional service providers, county residents and aging services personnel.

Region 2 AAA will continue to focus on Prevention of Elder Abuse, Neglect and Exploitation with attending the county TRIAD Meetings and assisting with the presentation of yearly Safe, Sound and Secure Conferences.

Region 2 AAA staff will attend Lenawee County's Fifth Monday Legislative Forums to collaborate with federal/state legislators, county directors and older adults. Region 2 AAA will sponsor older adults to attend the Michigan Senior Advocates Council and the State Advisory Council. Region 2 staff will attend meetings and events in Lansing concerning older adult issues.

Region 2 AAA is collaborating with Disability Connection in Jackson County to assist in the transition of nursing home clients back into their homes and communities.

All three counties of the PSA have senior millages. The following is a summary of each county's allocations:

Hillsdale County – Amount of millage - $219,079.00

- Disease Prevention – $1,324
- Respite - $16,093
- Adult Day Care - $28,924
- MMAP - $1,204
- Volunteer Transportation - $4,523
- Senior Center Operations - $10,479
- Outreach - $2,660
- Home Delivered Meals - $94,324
- Information and Assistance - $6,604
- Home Care Assistance - $34,808
- Congregate Meals - $11,863
- Kinship Care - $6,273

Jackson County – Amount of millage - $926,568

- Congregate Meals - $49,013
- Home Delivered Meals - $266,466
- Senior Centers - $73,584
- In-home assessments & Community Outreach, Case Coordination & Support,
- Caregiver I & A, MMAP, Administration - $187,492
- Grandparent programs - $34,340
- Home Care & Respite - $220,972
- Alzheimer's Respite & Counseling - $94,701

Lenawee County – Amount of millage - $1,707,655

- Congregate Meals - $203,851
- Home Delivered Meals - $75,912
- Senior Centers – $218,432
- Outreach - $22,018
- Home Care - $719,610
- Transportation - $75,671
- Grandparent programs - $3,476
- Information & Referral - $353
- Disease Prevention - $906
- Administration for grants - $316,113
- Respite - $3,568
- Foster Grandparents - $78,315
- Chore - $904
- MMAP - $1,258

SERVICE DELIVERY PLAN FOR TARGETING

Fiscal Years: 2010-2012

Baseline Data Source: Year-end report for FY '08 (Note: Percentage is of total population group)		African American	Native American/ Native Alaskan	Asian/ Pacific Islander	Hispanic	Low-income Minority	Low-income
Supportive Services	Number Served	79	4	8	44	15	226
	Percentage	7.3%	5.8%	6.3%	5.8%	1.1%	0.6%
Congregate Nutrition	Number Served	36	12	3	51	123	102
	Percentage	3.3%	17.4%	2.3%	6.7%	9.1%	0.3%
Home Delivered Meals	Number Served	99	9	1	53	26	304
	Percentage	9.2%	13.0%	0.8%	7.0%	1.9%	0. 9%

Desired Outcome(s):

FY 2010 – Focus will be on maintaining current level of minority participation.

FY 2011 – Focus will be on maintaining current level of minority participation with an increase of low-income minority clients in rural areas.

FY 2012 – Focus will be on maintaining current level of minority/low income clients.

Actions:

FY 2010 - Desired outcomes as listed above will be included in Request for Proposal for FY 2010-12. Submitting a Targeting Plan with each OAA service will be mandatory.

R2AAA will fund I & R and Outreach services to target those individuals that are not currently partaking of Older American Act services.

NAPIS forms and quarterly report forms will be monitored for targeting compliance.

Actual targeting outcomes will be discussed with Grant Contractors at yearly assessments.

Grant Contractors not meeting the desired outcomes will be required to submit a targeting plan of action.

FY 2011 - R2AAA will continue to fund I & R and Outreach services.

NAPIS forms and quarterly report forms will be monitored for targeting compliance.

Actual targeting outcomes will be discussed with Grant Contractors at yearly assessments.

Grant Contractors not meeting the desired outcomes will be required to submit a targeting plan of action.

Grant Contractors will be encouraged to send available services information agencies, organizations and groups with a high concentration of minority members/clients.

Grant Contractors will be encouraged to hold presentations to groups with a high concentration of minority members/clients.

FY 2012 - R2AAA will require a targeting action plan which includes corrective action steps who did not meet the “Desired Outcomes” of FY 2010 & 2011.

Grant Contractors will be encouraged to maintain/increase the targeting efforts listed in FY 2010 & 2011.

B. Access Services

☒ Care Management

Starting date: 10/1/2009 Ending date: 9/30/2012 Total of federal dollars: -0- Total of state dollars: $257,720.00

Geographic area to be served: Hillsdale, Jackson and Lenawee Counties

Number of client pre-screenings	2009	**150**	Planned 2010	**120**
Number of initial client assessments	2009	**150**	Planned 2010	**120**
Number of initial client care plans	2009	**150**	Planned 2010	**120**
Total number of clients (carry over plus new)	2009	**240**	Planned 2010	**170**
Staff to client ratio (Active and maintenance per Full time care manager)	2009	**1:55**	Planned 2010	**1:55**

Match and Other Resources

MATCH: Source of Funds Cash Value: $30,122.00 In-kind (Salaries)

OTHER RESOURCES: Source of Funds Cash Value $500.00 In-kind (Program Income)

DIRECT PROVISION OF SERVICES *WORK PLAN*		
Region 2 Area Agency on Aging		Project Period: FY 2010
Care Management		
Goals and Activities	Planned Time Frame	Accomplishments
1. Train and provide opportunities for care managers to become Certified Care Managers.	Thru Sept. 2010	Improve care management skills and efficiencies.
2. Revise policy and procedure to align with FY 2006 changes to MDCH Performance Criteria through Quality Improvement Committee. Include the OSA Care Management program criteria in policy revisions.	September 2010	Updated policy manuals are current and include specific checklists to be used in training and reference.
3. Conduct external peer reviews with other care management organizations to expand experience related information sharing.	October 2010	Improved education and experience assisting in expanding services to clients and caregivers.

DIRECT SERVICE WAIVER REQUEST

Region 2 Area Agency on Aging will not provide a direct service in Fiscal Year 2010, 2011 or 2012.

PROGRAM DEVELOPMENT

AAA OBJECTIVE 1: Implement Chronic Disease Self-Management Programs **STATE GOAL: #1 work to improve the Health & Nutrition of Older Adults**		
Desired Outcome	*Activities*	*Timeline*
1. Personal Action Toward Health (PATH) and Matter of Balance will be offered in Region 2.	1. PATH Coordinator will advertise the chronic disease self-management programs and seek interest in new partnerships.	Ongoing thru Fiscal Year 2012
2. PATH and Matter of Balance Master Trainers will train PATH Leaders and Matter of Balance Coaches.	2. PATH and Matter of Balance Master Trainers will hold Leader/Coach training sessions in convenient locations.	Ongoing thru Fiscal Year 2012
3. Older Adults with a fear of falling will attend Matter of Balance workshops.	3. Coaches will hold community workshops to people with the fear of falling in the PSA. Trainings will focus on reducing the fear of falling; stopping the fear of falling cycle and improve activity levels among older adults. Workshops will be eight weeks in duration; two hours each session. Workshops will be repeated as needed.	Ongoing thru Fiscal Year 2012
4. Older Adults and/or their caregivers will attend Personal Action Towards Health (PATH) workshops.	4. Leaders will hold community workshops to people with chronic disease and/or their caregivers in the PSA. Workshops will focus on self-management, learning new coping strategies, and sharing experiences with other group members. Workshops will be six weeks in duration; 2 and 1/2 hours each session. Workshops will be repeated as needed.	Ongoing thru Fiscal Year 2012
5. Long term outcome of workshops will be monitored.	5. An evaluation tool will be completed by participants during their first class to gather current health and activity. During the last class, the same tool will be used to determine the health and activity level after gaining skills during the course of the six week workshop.	Ongoing thru Fiscal Year 2012

AAA OBJECTIVE 2: Senior Center Coordination		
Desired Outcome	*Activities*	*Timeline*
1. Support Senior Centers in PSA.	1. Allocate 3B funding for Senior Center Operations.	Ongoing thru Fiscal Year 2012
	R2AAA Annual Meetings will be held, on a county rotation basis, at senior centers.	Ongoing thru Fiscal Year 2012
	R2AAA Registered Dietitian will provide assistance to senior centers with information such as nutrition, physical activity, diabetic awareness, special diets and addressing nutritional risks.	Ongoing thru Fiscal Year 2012
	R2AAA staff will attend scheduled meetings (complete list on ATTACHMENT #1) to provide information on older adult services in the region.	Ongoing thru Fiscal Year 2012
	R2AAA Information and Referral Specialist will provide information about senior centers to clients.	Ongoing thru Fiscal Year 2012
	R2AAA website will include a link to Hillsdale Senior Services Center, Jackson Department on Aging and Lenawee Department on Aging to provide the location of county senior centers and the days and times that congregate meals are served.	Ongoing thru Fiscal Year 2012
	Participants of evidenced based workshops will be encouraged to partake in nutrition programs at senior centers	Ongoing thru Fiscal Year 2012
2. R2AAA Registered Dietitian will collaborate with PSA nutrition providers.	2. R2AAA Registered Dietitian will meet with nutrition providers on a quarterly basis regarding menus and nutritional issues.	Ongoing thru Fiscal Year 2012

3. R2AAA will continue to support county Senior Preference and Generations magazines.	3. R2AAA will advertise in Senior Preference and Generations magazines to insure publication is available for older adult resources.	Ongoing thru Fiscal Year 2012

AAA OBJECTIVE 3: Transportation for Older Adults **Explore and expand resources in the community to provide transportation for older adults.**		
Desired Outcome	*Activities*	*Timeline*
1. Research ways to improve access to transportation for medical appointments and social outings.	1. Identify opportunities for partnerships with other public or private resources to expand or enhance transportation. R2AAA Advisory Council will focus on transportation as a priority agenda item. R2AAA staff person is a member of the Jackson County Transportation Advisory Council.	Ongoing thru Fiscal Year 2012
2. Research ways to secure additional resources to support the preservation and expansion of transportation for older persons.	2. Work with local religious, cultural, ethnic, and minority organizations in our region to expand volunteer driver programs. Contract Title 3E funding for transportation to caregivers and those in their care.	Ongoing thru Fiscal Year 2012
3. Create an awareness and increased sensitivity in the community towards areas of the PSA where transportation is unavailable.	3. Promote the need for expansion and preservation of senior transportation through local government agencies, public meetings, and private organizations. R2AAA staff will attend scheduled meetings (complete list on ATTACHMENT #1) to provide information on older adult services in the region.	Ongoing thru Fiscal Year 2012
4. Research grant opportunities that would help to fund transportation services.	4. Review funding sources available for developing or maintaining transportation.	Ongoing thru Fiscal Year 2012
5. Increase available information	5. Create a brochure of available transportation options	By January 1, 2010,

distribution so that older adults requiring transportation are more aware of the choices that exist in their counties.	to be distributed at senior centers/ nutrition sites, commodity food distribution, home delivered meals, physician's offices, Salvation Army, care management clients.	2011, 2012
6. Continue to support the Senior Preferences and Generations magazines.	6. R2AAA will advertise in Senior Preference and Generations magazines to insure publication of the guide for available older adult resources.	Ongoing thru Fiscal Year 2012

AAA OBJECTIVE 4: Remain Familiar with Safe, Affordable Housing Options **OSA GOAL 2: Increase the ability of older adults to remain active, healthy and living independently in their communities.**		
Desired Outcome	*Activities*	*Timeline*
1. R2AAA will provide community education to older adults and their caregivers.	1. R2AAA staff will provide community education regarding services/programs available to help older adults remain in their homes. Medicare/Medicaid Assistance Program (MMAP) coordinator/counselors will present community programs and provide individual consultation about the availability of health insurance programs and will help older adults make informed decisions regarding the best options for health insurance. MMAP coordinator/counselors will receive training on existing and new programs to stay current with regulations, benefits and application process. Senior Preference and Generations magazines will be published yearly with regional information regarding older adult services.	Ongoing thru Fiscal Year 2012
2. R2AAA staff will collaborate with older adult services providers to gather current information regarding housing options.	2. R2AAA staff will attend scheduled meetings (complete list on ATTACHMENT #1) to provide information on older adult services in the region. R2AAA Executive Director will continue to be a Board Member for Presbyterian Villages which has facilities in Jackson County. R2AAA will receive housing information from Office of Services to the Aging. R2AAA Information and Referral Specialist will provide	Ongoing thru Fiscal Year 2012

	information about housing options to walk-in clients or clients calling.	
3. R2AAA will provide funding for Home Chore.	3. Funding will be provided for home chore providers to utilize volunteers to enable providers to provide more chore services to older adults to remain safely in their homes.	Ongoing thru Fiscal Year 2012
4. Nursing Facility Transition Initiative offered by R2AAA	4. Eligible clients coming out of nursing homes will be assisted by R2AAA staff to find affordable housing allowing them to transition back into the community.	Ongoing thru Fiscal Year 2012
5. Continue to support the Senior Preference and Generations magazines.	5. R2AAA will advertise in Senior Preference and Generations magazines to insure publication of the guide for available older adult resources.	Ongoing thru Fiscal Year 2012
6. R2AAA staff will attend housing workshops when appropriate.	6. R2AAA staff will be encouraged to attend housing workshops held in conjunction with statewide trainings. Information gleaned will be shared with I & R staff, Grants Manager, NFTI program and appropriate contractors.	Ongoing thru Fiscal Year 2010
7. R2AAA will receive notification of available low income independent housing openings.	7. R2AAA will contact subsidized/low income independent housing facilities requesting notification of housing units as they become available in the Region. This information will be shared with I & R and NFTI staff.	Ongoing thru Fiscal Year 2010

OBJECTIVE 5: Provide Agency Outreach Efforts in Community		
Desired Outcome	*Activities*	*Timeline*
1. R2AAA will serve as a highly visible and trusted place where older adults and their caregivers can obtain information on long term care options.	1. Marketing materials will be made available to improve general knowledge and understanding of region wide programs and services: • R2AAA contact information will be in all telephone books in the PSA. • Office hours will be posted and appointments for assisting older adults will be offered, however, walk-ins will be assisted. • Agency brochures will include synopsis of available R2AAA services. • R2AAA website (www.r2aaa.org) will be updated regularly. • R2AAA newsletter will contain up-to-date information regarding older adult issues. • R2AAA information will be posted on 211. • Generations and Senior Preference Magazines will be published yearly with regional information regarding older adult services. • R2AAA staff will attend local Health Fairs and other public events in the Region.	Ongoing thru Fiscal Year 2012
2. R2AAA Nursing Facility Transition (NFTI) nurse will provide community outreach.	2. R2AAA NFTI nurse will distribute brochures at community events and through the Information and Referral Specialist to educate families and other agencies of the service provided to nursing facility clients.	Ongoing thru Fiscal Year 2012
3. R2AAA registered nurses will offer blood pressure screenings at senior days at local malls.	3. Sign-in sheets for blood pressure screenings will be maintained to monitor number of participants seen. American Heart Association brochures will be distributed	Ongoing thru Fiscal Year 2012

	to participants taking part in blood pressure screenings. Participants with blood pressure readings above normal will be referred to their physicians. Registered Nurses will follow-up with participants. R2AAA Information and Referral Specialist and/or resource materials will be available for participants needing services. Participant outside of Region 2 will be referred to the Area Agency on Aging serving their area.	
4. R2AAA will participate in Student Intern programs.	4. R2AAA will participate in Jackson Community College student nurse job shadowing in January and February. A minimum of 10 student nurses per year will experience community nursing by accompanying R2AAA care managers on client visits. R2AAA will participate in Eastern Michigan University, School of Social Work student interns. A minimum of one social work student intern will be placed at R2AAA.	Ongoing thru Fiscal Year 2012

AAA OBJECTIVE 6: Work to improve the health and nutrition of older adults.
Focus on increased physical activity and improved eating habits to help older adults in our region live longer and healthier lives.
STATE GOAL1: Work to improve the Health & Nutrition of Older Adults

Desired Outcome	*Activities*	*Timeline*
1. Registered dietitian will promote programs that increase physical activity and better nutrition in older adults and will assist in promoting health and wellness programs.	1. Senior centers and congregate meal site managers will schedule exercise programs and health promotion events.	Ongoing thru Fiscal Year 2012
2. Registered dietitian will assist in promoting health and wellness programs.	2. Provide information to congregate meal site managers and activity managers at the Department on Aging on wellness programs. Assist in start-up of wellness programs.	Ongoing thru Fiscal Years 2010-2012
3. Registered dietitian will create education handouts and data base of nutrition topics to distribute at congregate meal sites.	3. Distribute nutrition education materials to all three counties rotating topics both seasonally and with updated and new research literature.	Ongoing thru Fiscal Years 2010-2012
4. Registered dietitian will obtain physical activity brochures, flyers, and posters from government sponsored agencies and distribute to congregate meal sites and at health fairs.	4. Research information that is readily available free or at low cost from agencies and universities that promote healthy aging such as FDA, USDA, and the University of Florida.	As scheduled Fiscal Years 2010-2012
5. Registered dietitian will use dietetic skills and knowledge to provide counseling and education to older adults in our region to address chronic disease and to facilitate behavior change.	5. Attend seminars and continuing education lectures to enhance understanding of nutrition concerns in the older adult population, and to remain current on trends and new medical research.	Ongoing thru Fiscal Years 2010-2012
6. Registered dietitian will provide case	6. Take referrals from care managers and other agencies	Ongoing thru Fiscal

consulting for nutrition risk clients as identified by care managers and from other agency referrals.	for nutrition risk clients.	Years 2010-2012
7. Registered dietitian will provide diabetes assistance with diabetic diet instruction for home-bound clients and meal site participants.	7. Identify the needs and provide diabetes education to the older adult population in the region through care manager and Senior Center staff referrals.	Ongoing thru Fiscal Years 2010-2012
8. Registered dietitian will assist nutrition directors in menu planning and implementation to provide healthy meals.	8. Review menu selections and make recommendations as needed. Attend food shows, with nutrition directors, to seek out new products that are healthier choices. Meet with nutrition directors quarterly to discuss food services issues.	Ongoing thru Fiscal Years 2010-2012
9. Registered dietitian will maintain membership and actively participate in DPAC (Diabetes Partners in Action Coalition) to network with state- wide diabetes professional group.	9. Attend meetings with the DPAC group and serve on the Advocacy and Policy sub-committee group.	Ongoing thru Fiscal Years 2010-2012
10. Registered dietitian will use Certified Diabetes Educator credential to promote diabetes awareness and prevention to older adults in our region by holding diabetes events such as seminars and health fairs.	10. Coordinate health fairs and/or diabetic community events with health care providers and other agencies that promote health care in older adults.	Ongoing thru Fiscal Years 2010-2012
11. Registered dietitian and staff will oversee Senior Project Fresh program to provide older adults in our region access to fresh grown Michigan produce during the growing season.	11. Instructions on how to use Project Fresh coupons and where to redeem them will be provided along with nutrition handouts regarding the selection, storage, and preparation of fresh fruits and vegetables to participants in Project Fresh to ensure that produce obtained in this program is used appropriately.	Ongoing thru Fiscal Years 2010-2012 (Summer)

OBJECTIVE 7: Promote financial independence and safeguard the economic security of older adults. Focus on increased job opportunities to help older adults in our region obtain employment by managing the region's Senior Community Service Employment Program.		
Desired Outcome	*Activities*	*Timeline*
1. Program Coordinator will seek out qualifying older adults 55+ who need job-related training that would result in unsubsidized employment; and find new partnership opportunities to place workers for employment training.	1. Work with Departments on Aging staff and senior centers, and other non-profit agencies to find low income, eligible older adults seeking training opportunities. Contact Departments on Aging staff and other non-profit organizations for potential job training development.	Ongoing thru Fiscal Years 2010-2012 Ongoing thru Fiscal Years 2010-2012
2. Program coordinator will attend job fairs and other community events that focus on older adults in Region 2. Current participants in program will be required to attend job fairs and be registered with Michigan Works to seek permanent employment.	2. Network within the three counties to learn about established job fairs and community events where program information could be distributed to older adults and to potential agency sponsors for training programs. Require regular Michigan Works visits and bi-weekly job seeking logs from participants.	Ongoing thru Fiscal Years 2010-2012 Ongoing thru Fiscal Years 2010-2012
3. Provide training opportunities on computer skills and other necessary job skills for current program participants so they can be competitive in the job market.	3. Research training venues and assist participants in accessing trainings.	Ongoing thru Fiscal Years 2010-2012
4. Seek out employment opportunities for participants and promote O.J.E. (On-the-job training partnership) with businesses that have open positions in order to find unsubsidized employment placements as required by OSA.	4. Program coordinator will canvass businesses in the region to distribute information about O.J.E. while marketing participants that fit job postings requirements for vacant positions.	Ongoing thru Fiscal Years 2010-2012
5. Target low income minority older adults in greatest economic and social needs in our region.	5. Contact faith-based organizations and activity centers that focus on minority older adults.	On Ongoing thru Fiscal Years 2010-2012
6. Use stimulus funding to place three	6. Fill stimulus slots with participants that meet eligibility	Ongoing for length of

more participants on the program for temporary positions while seeking employment possibilities for unsubsidized job placement.	requirements and are most in need. Seek out host agency training sites with the potential to offer the participant unsubsidized job placement. Explain to potential participants and host agencies that positions are temporary and will end as of September, 2010.	stimulus funding through Fiscal Year September 30, 2010.

AAA OBJECTIVE 8: Protect older adults from abuse and exploitation. Increase awareness and education for seniors and the community. OSA GOAL 3: Protect older adults from abuse and exploitation		
Desired Outcome	*Activities*	*Timeline*
1. Law enforcement and senior advocates collaborate to educate the community.	1. Work with TRIAD in Jackson and Lenawee Counties to do Senior Safety conferences on identity theft, elder abuse, late life domestic violence and exploitation. R2AAA will provide fiduciary assistance to the TRIADs and Hillsdale County Senior Services Center in producing the annual Senior Safety /Elder Abuse conferences.	By September 30, 2010, 2011, 2012
2. Law enforcement agencies and staff will be aware of aging-related issues.	2. County Sheriff Department will continue to train officers and attend domestic violence task force.	Ongoing thru Fiscal Year 2012
3. Elder abuse information will be provided to homebound seniors, senior centers and other senior locations.	3. Develop brochures and deliver with home delivered meals, distribute at senior centers and to other places frequented by older adults in the PSA. Deliver posters with emergency numbers in all three counties. R2AAA will publish articles, to educate older adults and their caregivers, about financial, physical and mental elder abuse.	By September 2010, 2011,2012
4. Coordinate with likely sources of information regarding elder abuse and late life domestic violence.	4. Deliver information/referral packets to county domestic violence shelters Deliver brochures to hospital emergency rooms in the region on elder abuse and late life domestic violence. Collaboration and regular interaction with Adult Protective Services in the PSA.	By September 2010, 2011,2012

	Provide education to older adults with advertising the National Telephone number that will bring help to their situation 1-800-799-SAFE or 1-800-787-3224 (TTY).	Ongoing Fiscal Years 2010-2012
5, Education R2AAA staff so that they may readily identify possible elder abuse.	Schedule Citizen for Better Care's Elder Abuse Specialist to present to R2AAA staff once a year.	Yearly 2010-2012

AAA OBJECTIVE 9: Improve the effectiveness, efficiency, and quality of services provided through Michigan Aging Network and partners. **OSA GOAL 4: Improve the effectiveness, efficiency, and quality of services provided through Michigan Aging Network and partners.**		
Desired Outcome	*Activities*	*Timeline*
1. Respond to emerging needs by providing education and assessment of needs. Outcomes measured by satisfaction of individuals receiving educational services within the network.	1. Through Region 2 Quality Assurance Committee, activities related to quality of services offered by this agency are reviewed and improved if needed. QA committee reviews bi-monthly incident reports related to MI Choice Waiver services. Involve the Region 2 Advisory Council in emerging issues, and include council member's participation in educational opportunities.	Ongoing thru Fiscal Year 2012 Ongoing thru Fiscal Year 2012
2, Provide annual performance evaluations of service providers – both Older Americans Act (100%) and Waiver (10% minimum) contractors.	2. Using approved assessment tools, contractors will be assessed to assure program compliance with service standards. Assessment feedback reports will be written to agencies assessed acknowledging any deficiencies giving agencies an opportunity to correct findings.	Yearly thru Fiscal Year 2012
3. Provide information and education to R2AAA contracting agencies.	3. Quarterly meetings will be held with Waiver contractors to provide updated information, training and education.	Quarterly Fiscal Years 2010-2012 As needed Fiscal

4. Quality Assurance practice of requesting annual review on Region 2 Area Agency on Aging by our Providers of services to Care Management and Waiver participants.	Meetings will be scheduled with Older American Act contract providers as the need arises. Annually at quarterly June Provider meeting there will be a survey form for providers to rate Region 2.	Years 2010-2012 Ongoing thru Fiscal Year 2012

R2AAA OBJECTIVE 10: Develop strategies to identify and serve family caregivers of older adults more effectively		
Desired Outcome	*Activities*	*Timeline*
1. Trained Care Managers offer respite care services according to TCARE model (Tailored Caregiver Assessment and Referral).	1. R2AAA will apply for training opportunity to participate in TCARE model. Two Care Managers and a supervisor will attend train-the-trainer conferences. All Care Managers will be trained. TCARE principles, guidelines and tools will be implemented in all Care Management planning.	Fiscal Year 2010
2. Support Family Caregiver Programs.	2. R2AAA will financially support, through the National Family Caregiver Act, respite, adult day care and caregiver support groups. Organize Personal Action Towards Health (PATH) programs with caregiver support groups and other interested caregivers. Collaborating with R2AAA contractors, address caregiving information in regional employer newsletters. Offer mini-grant opportunity for innovative programs address caregiver stress and respond to caregiver needs.	Ongoing thru Fiscal Year 2012 Ongoing thru Fiscal Year 2012 Yearly thru Fiscal Year 2012 Yearly thru Fiscal Year 2012
3. Creation of Adult Serious Situation Intervention Service Team (ASSIST)	3. A need was identified in Lenawee County to provide a resource for caregivers during emergency situations. A collaboration of Lenawee County service agencies formed ASSIST to determine how to meet the needs of	Ongoing Thru Fiscal Year 2012

	care recipients when their main caregiver becomes incapacitated. It became apparent that there was a community need for hospitals, first responders and families to know what to do for the caregiver/care recipient when an emergency occurs. ASSIST will provide an intervention team for temporary support to older adults in a non-medical crisis situation occurring after normal business hours.	

R2AAA OBJECTIVE 11: AMERICAN RECOVERY AND REINVESTMENT ACT (ARRA) NUTRITION PROGRAM		
Desired Outcome	*Activities*	*Timeline*
1. To provide nutrition services to older adults in Region 2.	1. Hillsdale and Jackson County Nutrition providers, using ARRA funding, will provide nutrition services to older adults both in congregate settings and home delivered meals.	Ongoing thru Fiscal Year 2010 or until funds are expended.
2. To renovate central nutrition kitchen.	2. Lenawee County nutrition provider will renovate the Adrian nutrition site kitchen.	Ongoing thru Fiscal Year 2010 or until funds are expended and/or project is completed.
3. To meet Michigan Food Code standards.	3. ARRA Administration funding will be used to ensure that all congregate meal sites meet the new Michigan Food Code standards of holding a national certification by 2011; and ensure recertification and new certifications in a timely manner.	Ongoing thru Fiscal Year 2010 or until funds are expended.

ATTACHMENT #1
MEETINGS ATTENDED

AAA Association of Michigan Meetings
Basic Needs Task Force Meetings
County Human Services Network Meetings
Diabetes Partners in Action Coalition Meetings
Ex. Director monthly meeting with focal point directors
Fifth Monday Forums
Hillsdale County Multi Agency Collaboration
Jackson Aging Network Meetings
Jackson & Lenawee Nutrition Council
Jackson Transportation Advisory Council
Lenawee Coalition for Older Adults
Lenawee County ASSIST
Lenawee Domestic Violence Task Force
Matter of Balance State Meetings
Suicide Prevention Meetings/Trainings
TRIAD Meetings
MI Choice Waiver Contractor Meetings
MI Choice Waiver Directors Meeting
MMAP Regional Coordinator Meetings
OSA – AAA Directors Meetings
OSA Financial, Planners, Contract Managers, MOACSEP & Nutrition Mtg
PATH State Meetings
Presbyterian Villages Board Meetings
QA for MI Choice Waiver R2AAA
Self Determination Consumer Adv. Board
State Information & Referral Meetings
State Long Term Care Meetings
State MI Choice Waiver Directors
State Senior Advisory Council Meetings
SE MI Partners on the PATH Meetings

PROGRAM OBJECTIVES

Grants that R2AAA will participate in during FY 2010;

1. Tailored Caregiver Assessment and Referral (TCARE) program

R2AAA will participate in the Tailored Caregiver Assessment and Referral (TCARE) program. TCARE is a process designed to help care managers link family caregivers with appropriate support strategies and community services. Two care managers and a supervisor will be trained in using evidenced-based screening and assessment tools that identify sources and levels of caregiver stress and need for support. Ultimately the protocol helps care managers identify the specific community resources that are most apt to be beneficial for and acceptable to a family.

2. Person Centered Thinking/Self Determination.

In FY 2008, R2AAA assisted 31 people chose to take more responsibility in the arrangement and organization of their MI Choice Waiver services. Self Determination will continue to be presented as an option to existing clientele, as well as each new participant. This philosophy is not new at R2AAA. Care managers have always encouraged clients to participate in their own care, including cost sharing, self advocacy, and establishing services. For example, friends and family are directed to agencies where they can work directly for the client.

3. Evidenced Based Disease Prevention Programs

R2AAA received a grant from the Administration on Aging/Office of Services to the Aging to conduct evidence based disease prevention programs. In 2007, 1 R2AAA staff and 1 R2AAA Advisory Council member were trained as Leaders in the Personal Action Toward Health (PATH) program. Since then, R2AAA has 3 Master Trainers and 2 leaders for the PATH program. There have been 8 PATH workshops conducted for 44 participants. In 2008 a second evidence based program was added – A Matter of Balance. R2AAA has 2 Master Trainers in Matter of Balance who have trained 29 Coaches. There have been 4 workshops conducted for 27 participants. When the AOA grant ends in June, 2010, R2AAA will continue to offer the PATH program.

ADVOCACY STRATEGY

1) R2AAA's intent on advocacy is to act on behalf of older adults and the disabled individuals to represent their needs and to insure funding to meet those needs.

2) R2AAA will continue to support Michigan Senior Advocates Council, Michigan OSA Advisory Council, Lenawee County 5th Monday Forum and AAAAM. Information gleaned at these events will be shared with Board, Advisory Council and Staff. R2AAA Board and Advisory Council will comment on issues involving the needs of this vulnerable population.

3) During FY 2010-12, R2AAA will focus on the following advocacy issues:
   - Adequate funding to support MI Choice Waiver and OAA services
   - Continued collaboration with established partnerships
   - Support of MSAC, AAAAM, OSA Advisory Council and Lenawee County 5th Monday Forum.

4) During FY 2010 -12, R2AAA will execute contracts for in-home services, nutrition services and caregiver services to enable older adults to remain in their homes and communities. Information and Referral and Outreach services will allow specifics regarding available services to be disseminated in the PSA.

5) During FY 2010-12, R2AAA Advisory Council's main focus will remain on transportation issues in the PSA.

VII. COMMUNITY FOCAL POINTS

R2AAA's rationale for identifying community focal points was based on services provided and notoriety of the identified agencies. Each focal point provides in-home, access and community services as well as holding a contract to provide Medicaid Waiver services. Each focal point is a designated Department on Aging/Senior Center that includes nutrition sites; is visible in the community and offers information and assistance and MMAP services.

Hillsdale County Senior Services Center (HCSSC) is the Community Focal Point in Hillsdale County	
Name	Hillsdale County Senior Services Center Hillsdale County Senior Services Center
Address	320 W. Bacon Road, Hillsdale, MI 49242
Website	www.hillsdaleseniorcenter.org
Telephone Number	(517) 437-2422
Contact Person	Terry Vear, Executive Director
Service boundaries	Hillsdale County
Number of persons within boundary	46,527 (8,323 60+)
Services provided	Adult Day Care, Chore, Congregate Meals, Disease Prevention/Health Promotion, Home Care Assistance, Home Delivered Meals, Information and Referral, Kinship Care, MMAP, Respite, Senior Center Operations, Transportation

Lenawee Department on Aging is the Community Focal Point in Lenawee County	
Name	Lenawee County Department on Aging
Address	1040 S. Winter Street, Adrian, MI 49221
Website	www.lenaweeseniors.org
Telephone Number	(517) 264-5280
Contact Person	Tom MacNaughton, Director
Service boundaries	Lenawee County
Number of persons within boundary	98,890 (16,453 60+)
Services provided	Adult Day Care, Chore, Congregate Meals, Disease Prevention/Health Promotion, Home Care Assistance, Home Delivered Meals, Information and Referral, Information and Referral, Kinship Care, MMAP, Outreach, Respite, Senior Center Operations, Transportation

Jackson Department on Aging is the Community Focal Point in Jackson County	
Name	Jackson County Department on Aging
Address	1715 Lansing Avenue, Suite 672, Jackson, MI 49202
Website	www.co.jackson.mi.us/agencies/DeptAging/Aging.htm
Telephone Number	(517) 788-4364
Contact Person	Kristy Smith, Director
Service boundaries	Jackson, County
Number of persons within boundary	158,422 (26,484 60+)
Services provided	Adult Day Care, Chore, Congregate Meals, Counseling, Disease Prevention/Health Promotion, Home Care Assistance, Home Delivered Meals, Information and Referral, Kinship Care, MMAP, Outreach, Respite, Senior Center Operations, Transportation

VIII. APPENDICES

A. Membership of the Board of Directors

Appendix A provides information about the AAA Board of Directors.

B. Membership of the Advisory Council

Appendix B provides information about the AAA Advisory Council membership.

C. Current Providers Demographics

Appendix C provides demographics on the providers in the region.

D. Proposal Selection Criteria

Appendix D provides the criteria that will be used to select agencies that will receive contracts for service provision.

APPENDIX A

BOARD OF DIRECTORS MEMBERSHIP

Fiscal Years: 2010 – 2012

	DEMOGRAPHICS						
	Asian/Pacific Island	African American	Native American/ Alaskan	Hispanic Origin	Persons with Disabilities	Female	Total
Total Membership			1		2	6	10
Age 60 or Over					2	5	9

NAME of BOARD MEMBER	GEOGRAPHIC AREA	AFFILIATION	CHECK THOSE THAT ARE APPROPRIATE		
			Elected Official	Appointed	Community Rep.
Arlene Shepherd	Jackson			X	X
Carol Tuckerman	Lenawee			X	X
Gearldine Spieth	Hillsdale	County Commissioner	X	X	
Howard Griffis	Jackson			X	X
James Van Doren	Lenawee	County Commissioner	X	X	
Lauren Grinage	Jackson			X	X
Lisa Pinkerman	Jackson			X	X
Parke Hayes	Hillsdale	County Commissioner	X	X	
Patricia Smith	Jackson	County Commissioner	X	X	
Rosalie Warrick	Lenawee			X	X

APPENDIX B

ADVISORY COUNCIL MEMBERSHIP
Fiscal Years 2010 – 2012

	DEMOGRAPHICS						
	Asian/Pacific Island	African American	Native American/ Alaskan	Hispanic Origin	Persons with Disabilities	Female	Total
Total Membership				1	1	13	17
Age 60 or Over				1	1	8	12

NAME of ADVISORY COUNCIL MEMBER	GEOGRAPHIC AREA	AFFILIATION
Annette Magda	Hillsdale	
Barbara Cone	Regional	Citizen's for Better Care
Betsy Dennis	Lenawee	
Charles Ortiz	Jackson	
Don Dennis	Lenawee	
Georgianna Covell	Lenawee	Friends Who Care
Helen Borton	Lenawee	
Jeanne Karr	Hillsdale	
Jo Ann Camburn-McGonegal	Jackson	
Joseph Satterelli	Lenawee	
Karen Thiesse	Regional	Social Security
Kelly LoPresto	Hillsdale	Hillsdale Senior Services Center
Kristy Smith	Jackson	Jackson Department on Aging
Mary Ellen Underwood	Jackson	Catholic Charities
Monica Moser	Jackson	Disability Connections
Norman Lichtenberg	Lenawee	
Pam McCrum	Jackson	RSVP

APPENDIX C
CURRENT PROVIDERS DEMOGRAPHICS

Fiscal Year 2010

Cluster 1 providers	DEMOGRAPHICS							
	Asian/Pacific Island	African American	Arab/Chaldean	Native American/ Alaskan	Hispanic Origin	Persons with Disabilities	Female	**Total**
Number of contractors					1	5	19	32
Number of employees of contractors		8		3	7		167	182

APPENDIX D

PROPOSAL SELECTION CRITERIA

Fiscal Years: 2010-2012

Date criteria approved by AAA Board:

REGION 2 AREA AGENCY ON AGING PROPOSAL RATING FORM

Applicant: _____

Service: _____

Reviewed by: _____

Proposal Review Committee will rate each proposal using the following format for each section of the proposal:
Yes indicates necessary item was included in the proposal
No indicates necessary item was NOT included in the proposal

SERVICE DELIVERY SECTION: **Proposal should clearly define how service will be provided to older adults.**
Please check "YES" or "NO" appropriately.

	YES	NO	COMMENTS
1) Is proposal written in a way to allow you to understand how this service will provided to the senior population?	☐	☐	
2) Does proposal clearly state county to be served and the number of clients and units of service to be provided?	☐	☐	

SERVICE DELIVERY CONTINUED:
Please check "YES" or "NO" appropriately.

	YES	NO	COMMENTS
3) Is it clear to you what steps will be taken to accomplish providing the service?	☐	☐	
4) Is it clear what staff person will be in charge of providing this service?	☐	☐	
5) Does proposal contain completion dates for each planned activity?	☐	☐	
6) Does proposal clearly state how activity outcomes will be measured?	☐	☐	
7) Does proposal clearly state what type of data will be gathered to measure each activity?	☐	☐	
8) Does proposal clearly state who will gather the data?	☐	☐	
9) Does proposal clearly state what will be done with reports created from data gathered?	☐	☐	
10) Are goals and objectives written in the form requested by the Area Agency on Aging?	☐	☐	
11) Does proposal contain a plan to target older adults in the greatest economic and social need and with particular emphasis on low-income minority older adults?	☐	☐	
12) Does targeting plan include activities that agency will use to identify low-income minority and those in greatest economic/social need?	☐	☐	

SERVICE DELIVERY CONTINUED:
Please check "YES" or "NO" appropriately

	YES	NO	COMMENTS
13) Does proposal contain a completed Area Agency on Aging "Targeting Plan" form with minority clients listed by race, etc?	☐	☐	
14) Does proposal contain documentation of relationships with other agencies serving older adults for the purpose of referrals and resources?	☐	☐	
15) Does proposal clearly outline training activities for staff and volunteers?	☐	☐	
16) Does proposal contain a detailed plan on how service will be provided to clients when the agency is closed (holidays, etc) or emergency closings (weather, etc)?	☐	☐	
17) Does this plan appear that it will adequately service the older population who depend on daily services (Meals, transportation, etc.)?	☐	☐	
18) Do in-home services (chore, home care assistance and respite) document how supervisors are available to workers when they are in clients homes?	☐	☐	
19) Does the action plan for supervision appear feasible and/or adequate?			
20) Does proposal contain a contribution policy that clearly describes how older adults will be encouraged to donate, how donations will be collected and how contributions will be accounted for?	☐	☐	

SERVICE DELIVERY CONTINUED:
Please check "YES" or "NO" appropriately

	YES	NO	COMMENTS
21) Do proposals for Adult Day Care and Respite care contain a cost sharing policy?	☐	☐	
22) If proposal was submitted by an agency not currently funded through R2AAA, does the proposal contain a detailed transition plan that will transfer the program from the current contractor to a new contractor without any disruption in service to seniors?	☐	☐	

FINANCIAL BUDGET SECTION: Clearly describes costs to be met by the funding agency and those funds provided by all other sources.
Please check "YES" OR "NO" appropriately.

	YES	NO	COMMENTS
1) The applicant's budget is mathematically correct and filled out correctly.	☐	☐	
2) The unit price offered in this proposal is the lowest of all Competing proposals for this service (unit-price proposals only).	☐	☐	
3) There is an explanation of how contracted services would survive a program income shortfall.	☐	☐	
4) The applicant listed what would happen if a shortfall in other resources occurred.	☐	☐	
5) Funding match requirements are assured as stated by proposal guidelines.	☐	☐	
6) The budget reflects a match over the 15% requirement.	☐	☐	
7) The budget costs accurately reflect the needs of the	☐	☐	

program.

8) Each expense line item of the budget is detailed by listing specific expenses. ☐ ☐

9) Detail of how budget items were computed are included with each expense line item. ☐ ☐

10) All amounts for any contingency or miscellaneous are explained. ☐ ☐

IX. ASSURANCES AND CERTIFICATIONS

A. Assurances and Certifications

B. Assurance of Compliance with Title VI of the Civil Rights Act of 1964

C. Assurance of Compliance with the Elliot Larson Civil Rights Act, PA 453 of 1976, as amended and the Persons with Disabilities Civil Rights Act, PA 220 of 1976, as amended

Assurance of Compliance with the Elliot Larson Civil Rights Act, PA 453 of 1976 and the Persons with Disabilities Civil Rights Act, PA 220

D. Glossary of Acronyms

FY 2010 – 2012 Multi-Year Plan
ASSURANCES & CERTIFICATIONS
For Fiscal Year 2010

The undersigned agency, designated by the Michigan Commission on Services to the Aging (CSA) to act as the Area Agency on Aging (AAA) within a given planning and service area (PSA), agrees to the following:

1. That the FY 2010-2012 Multi-Year Plan (MYP) includes an Annual Implementation Plan (AIP) covering the period October 1, 2009 through September 30, 2010.

2. To administer its AIP in accordance with the Older Americans Act (OAA), the Older Michiganians Act (OMA), federal and state rules, and policies of the CSA as set forth in publications and policy directives issued by the Michigan Office of Services to the Aging (OSA).

3. To make revisions necessitated by changes in any of the documents listed in point two in accordance with directives from OSA.

4. That any proposed revisions to the AIP initiated by the AAA will be made in accordance with procedures established by OSA.

5. That funds received from OSA will only be used to administer and fund programs outlined in the AIP approved by the CSA.

6. That the AAA will undertake the duties and perform the project responsibilities described in the AIP in a manner that provides service to older persons in a consistent manner over the entire length of the AIP and to all parts of the PSA.

7. That program development funds will be used to expand and enhance services in accordance with the initiatives and activities set forth in the approved AIP.

8. That all services provided under the AIP are in agreement with approved service definitions and are in compliance with applicable minimum standards for program operations as approved by the CSA and issued by OSA, including Care Management.

9. That the AAA will comply with all conditions and terms contained in the Statement of Grant Award issued by OSA.

10. That the AAA may appeal actions taken by the CSA with regard to the AIP, or related matters, in accordance with procedures issued by OSA in compliance with the requirements of the Older Michiganians Act and Administrative Rules.

11. That the AAA will coordinate planning, identification, assessment of needs, and provision of services for older individuals with disabilities, with particular attention to individuals with severe disabilities, and with agencies that develop or provide services for individuals with disabilities.

12. That the AAA has in place a grievance procedure for eligible individuals who are dissatisfied with or denied services.

13. That the AAA will send copies of the AIP to all local units of government seeking approval as instructed in the Plan Instructions.

14. That the AAA Governing Board and Advisory Council have reviewed and endorsed the AIP.

The undersigned hereby submit the FY 2010 AIP that describes the initiatives and activities which will be undertaken on behalf of older persons within the PSA. We assure that these documents and subsequent Annual Implementation Plans represent a formal commitment to carry out administrative and programmatic responsibilities and to utilize federal and state funds as described.

FY 2010 – 2012 Multi-Year Plan

ASSURANCE OF COMPLIANCE
with
TITLE VI of the CIVIL RIGHTS ACT of 1964

For Fiscal Year 2010

ASSURANCE OF COMPLIANCE WITH TITLE VI OF THE CIVIL RIGHTS ACT OF 1964, SECTION 504 OF THE REHABILITATION ACT OF 1973, TITLE IX OF THE EDUCATION AMENDMENTS OF 1972, AND THE AGE DISCRIMINATION ACT OF 1975

The Applicant provides this assurance in consideration of and for the purpose of obtaining Federal grants, loans, contracts, property, discounts or other Federal financial assistance from the Department of Health and Human Services.

THE APPLICANT HEREBY AGREES THAT IT WILL COMPLY WITH:

1. Title VI of the Civil Rights Act of 1964 (Pub. L. 88-352), as amended, and all requirements imposed by or pursuant to the Regulation of the Department of Health and Human Services (45 C.F.R. Part 80), to the end that, in accordance with Title VI of that Act and the Regulation, no person in the United States shall, on the ground of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity for which the Applicant receives Federal financial assistance from the Department.

2. Section 504 of the Rehabilitation Act of 1973 (Pub. L. 93-112), as amended, and all requirements imposed by or pursuant to the Regulation of the Department of Health and Human Services (45 C.F.R. Part 84), to the end that, in accordance with Section 504 of that Act and the Regulation, no otherwise qualified handicapped individual in the United States shall, solely by reason of his handicap, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity for which the Applicant receives Federal financial assistance from the Department.

3. Title IX of the Educational Amendments of 1972 (Pub. L. 92-318), as amended, and all requirements imposed by or pursuant to the Regulation of the Department of Health and Human Services (45 C.F.R. Part 86), to the end that, in accordance with Title IX and the Regulation, no person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any education program or activity for which the Applicant receives Federal financial assistance from the Department.

4. The Age Discrimination Act of 1975 (Pub. L. 94-135), as amended, and all requirements imposed by or pursuant to the Regulation of the Department of Health and Human Services (45 C.F.R. Part 91), to the end that, in accordance with the Act and the Regulation, no person in the United States shall, on the basis of age, be denied the benefits of, be excluded from participation in, or be subjected to discrimination under any program or activity for which the Applicant receives Federal financial assistance from the Department.

The Applicant agrees that compliance with this assurance constitutes a condition of continued receipt of Federal financial assistance, and that it is binding upon the Applicant, its successors, transferees and assignees for the period during which such assistance is provided. If any real property or structure thereon is provided or improved with the aid of Federal financial assistance extended to the Applicant by the Department, this assurance shall obligate the Applicant, or in the case of any transfer of such property, any transferee, for the period during which the real property or structure is used for a purpose for which the Federal financial assistance is extended or for another purpose involving the provision of similar services or benefits. If any personal property is so provided, this assurance shall obligate the Applicant for the period during which it retains ownership or possession of the property. The Applicant further recognizes and agrees that the United States shall have the right to seek judicial enforcement of this assurance.

Form HHS-690 (05/97)

FY 2010 – 2012 Multi-Year Plan

ASSURANCE OF COMPLIANCE
with the
ELLIOT LARSEN CIVIL RIGHTS ACT

For Fiscal Year 2010

ASSURANCE OF COMPLIANCE WITH THE ELLIOT LARSEN CIVIL RIGHTS ACT, PA 453 OF 1976 AND THE PERSONS WITH DISABILITIES CIVIL RIGHTS ACT, PA 220 OF 1976.

The Applicant provides this assurance in consideration of and for the purpose of obtaining State of Michigan and Federal grants, loans, contracts, property, discounts or other State and Federal financial assistance from the Michigan Office of Services to the Aging.

THE APPLICANT HEREBY AGREES THAT IT WILL COMPLY WITH:

Non-Discrimination: In the performance of any grant, contract, or purchase order resulting here from, the Contractor agrees not to discriminate against any employee or applicant for employment or service delivery and access, with respect to their hire, tenure, terms, conditions or privileges of employment, programs and services provided or any matter directly or indirectly related to employment, because of race, color, religion, national origin, ancestry, age, sex, height, weight, marital status, physical or mental disability unrelated to the individual's ability to perform the duties of the particular job or position. The Contractor further agrees that every subcontract entered into for the performance of any grant, contract, or purchase order resulting herefrom will contain a provision requiring non-discrimination in employment, service delivery and access, as herein specified binding upon each subcontractor. This covenant is required pursuant to the Elliot Larsen Civil Rights Act, 1976 PA 453, as amended, MCL 37.2201 et seq, and the Persons with Disabilities Civil Rights Act, 1976 PA 220, as amended MCL 37.1101 et seq, and any breach thereof may be regarded as a material breach of the grant, contract, or purchase order.

MYP SIGNATURE PAGE
OF THE FY 2010-2012 MULTI-YEAR PLAN
AND
FY 2010 ANNUAL IMPLEMENTATION PLAN
FOR: **REGION 2 AREA AGENCY ON AGING**

This Multi-Year Plan (MYP) covers fiscal years 2010, 2011, and 2012 and includes the FY 2010 Annual Implementation Plan (AIP) beginning October 1, 2009 and ending September 30, 2010.

This MYP becomes valid upon approval by the Michigan Commission on Services to the Aging (CSA). It may be conditionally approved subject to all General and/or Special Conditions established by the CSA.

This MYP Signature Page may substitute for required signatures on documents within the MYP if those documents are specifically referenced on this signature page.

The Signatories below acknowledge that they have reviewed the entire MYP including all budgets, assurances, and appendices and that they commit **Region 2 Area Agency on Aging** to all provisions and requirements of the MYP.

Signature Section:

REGION 2 AREA AGENCY ON AGING

_____
Signature - Chairperson, Board of Directors Date

Carol Tuckerman
Typed Name

_____
Signature – Area Agency on Aging Director Date

Ginny Wood-Bailey
Typed Name

MULTI-YEAR DOCUMENTS REFERENCED BY THE SIGNATURE PAGE

Budget Documents:

- FY 2010 Area Plan Grant Budget

Assurances:

- MYP Assurances and Certifications document
- MYP Assurance of Compliance with Title VI of the Civil Rights Act of 1964
- MYP Assurance of Compliance with the Elliot Larsen Civil Rights Act

GLOSSARY OF ACRONYMS

AAA	Area Agency on Aging
AAAAM	Area Agency on Aging Association of Michigan
AARP	American Association of Retired Persons
AD	Alzheimer's Disease
ADC	Adult Day Care
ADRC	Aging and Disability Resource Center
ADS	Adult Day Service
ADL	Activities of Daily Living
AFC	Adult Foster Care
AG	Attorney General
AIM	Aging in Michigan (OSA Publication)
AIP	Annual Implementation Plan
AIS	Aging Information System
ALF	Assisted Living Facility
4AM	Area Agencies on Aging Association of Michigan
AoA	Administration on Aging
APS	Adult Protective Services
BEAM	Bringing the Eden Alternative to the Midwest
ASA	American Society on Aging
CAP	Community Action Program
CBC	Citizens for Better Care

CM	Care Management
CMIS	Client Management Information System
CMS	Center for Medicare & Medicaid Services (formerly HCFA)
CNS	Corporation for National Service
COA	Commission on Aging/Council on Aging
CPHA	Community Public Health Agency
CR	Caregiver Respite (state)
CSA	Commission on Services to the Aging
DCH	Department of Community Health
DCIS/CIS	Department of Consumer and Industry Services
DHHS/HHS	U.S. Department of Health and Human Services
DHS	MI Dept. of Human Services (formerly the Family Independence Agency)
DMB	Department of Management and Budget
DoE	Department of Education
DoL	Department of Labor
DoT	Department of Transportation
DV	Domestic Violence
EPIC	Elder Prescription Insurance Coverage
ELM	ElderLaw of Michigan
FGP	Foster Grandparent Program
FTC	Federal Trade Commission
FY	Fiscal Year
GAO	General Accounting Office

HB	House Bill (state)
HCBS/ED	Home & Community Based Services for the Elderly and Disabled Waiver (HCBS/ED) program commonly known as MIChoice
HDM	Home Delivered Meals
HMO	Health Maintenance Organization
HR	House Bill (federal)
HSA	Health Systems Agency
I&A	Information and Assitance
I&R	Information and Referral
IADL	Independent Activities of Daily Living
IM	Information Memorandum
IoG	Institute of Gerontology
LEP	Limited English Proficiency
LSP	Legal Services Program
LTC	Long-Term Care
MADSA	Michigan Adult Day Services Association
MATF	Merit Award Trust Fund (formerly known as “Tobacco Settlement”)
MCO	Managed Care Organization
MHSCC	Michigan Hispanic Senior Citizens Coalition
MIACoA	Michigan Indian Advisory Council on Aging
MICIS	MI Choice Information System
MIS	Management Information System
MLSC	Michigan Legal Services Corporation

MMAP	Medicare/Medicaid Assistance Program
MSA	Medical Services Administration
MSAC	Michigan Senior Advocates Council
MSC	Michigan Senior Coalition (formerly Senior Power Day)
MSHDA	Michigan State Housing Development Authority
MSG	Michigan Society of Gerontology
MQCCC	Michigan Quality Community Care Council
MYP	Multi-Year Plan
N4A	National Association of Area Agencies on Aging
NAPIS	National Aging Programs Information System
NASUA	National Association of State Units on Aging
NCBA	National Center on Black Aged
NCOA	National Council on Aging
NCSC	National Council of Senior Citizens
NF	Nursing Facility
NFA	Notification of Financial Assistance
NFCSP	National Family Caregiver Support Program
NIA	National Institute on Aging
NISC	National Institute of Senior Citizens
NSSC	National Senior Service Corps
OAA	Older Americans Act
OAVP	Older American Volunteer Program
OHDS	Office of Human Development Services

OMB	Office of Management and Budget (federal)
OSA	Office of Services to the Aging
OWL	Older Women's League
PA	Public Act
PI	Program Instruction
PRR	Program Revision Request
PSA	Planning and Service Area
PY	Program Year
RFP	Request For Proposal
RSVP	Retired & Senior Volunteer Program
SAC	State Advisory Council
SB	Senate Bill (state)
SCP	Senior Companion Program
SCSEP	Senior Community Service Employment Program
SEAQRT	Senior Exploitation and Abuse Quick Response Team
SGA	Statement of Grant Award
SMSA	Standard Metropolitan Statistical Area
SNF	Skilled Nursing Facility
SPE	Single Point of Entry
SR	Senate Bill (federal)
SS	Social Security
SSA	Social Security Administration
SSI	Supplemental Security Income

SUA	State Unit on Aging
TA	Technical Assistance
TCM	Targeted Case Management
USDA	United States Department of Agriculture
VA	Veterans' Administration
WHCoA	White House Conference on Aging

Revised 02/2009